



September

Houston Gateway Academy

Lunch Preschool HGA

	Lunch Entree Mini Chicken Corn Dogs Vegetables Diced Carrots Fruit Pears	1	Lunch Entree "Fried" Chicken Bowl with Mashed Potatoes Fruit Blueberries	2	Lunch Entree Beef & Cheese Walking Taco Vegetables Pinto Beans Fruit Diced Peaches	3	Lunch Entree Pizza Crunchers Vegetables Green Beans Fruit Applesauce	4	
7	Lunch Entree Beef & Cheese Quesadilla Vegetables Pinto Beans Fruit Pears	8	Lunch Entree Chicken Smackers with Mac & Cheese Vegetables Diced Carrots Fruit Blueberries	9	Lunch Entree Breakfast for Lunch: Scrambled Eggs & French Toast Sticks Vegetables Seasoned Potatoes Fruit Diced Peaches	10	Lunch Entree Mozzarella Stuffed Breadsticks with Marinara Dip Vegetables Spaghetti Sauce Dip Fruit Applesauce	11	
Lunch Entree Cheeseburger Vegetables Diced Carrots Fruit Pineapple Tidbits	14	Lunch Entree NEW!! Chicken Enchilada Empanada Vegetables Pinto Beans Fruit Pears	15	Lunch Entree Popcorn Chicken Vegetables Smile Shaped Potatoes Fruit Blueberries	16	Lunch Entree Spaghetti & Meatballs Fruit Diced Peaches	17	Lunch Entree Turkey Pepperoni Pizza Rippers Vegetables Diced Carrots Fruit Applesauce	18
Lunch Entree All Beef Hot Dog Vegetables Tater Tots Fruit Pineapple Tidbits	21	Lunch Entree Grilled Cheese Vegetables Baked Beans Fruit Pears	22	Lunch Entree Loaded Tot-chos: Tater Tots with Ground Beef & Queso Fruit Blueberries	23	Lunch Entree Chicken Smackers & Ketchup Vegetables Diced Carrots Fruit Diced Peaches	24		25
Lunch Entree Breaded Chicken Sandwich Vegetables Creamed Corn Fruit Pineapple Tidbits	28	Lunch Entree Beef & Cheese Taco Vegetables Pinto Beans Fruit Pears	29	Lunch Entree Meatballs,beef Vegetables Mashed Potatoes & Gravy Fruit Blueberries Grains Dinner Roll	30				

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.