



September

Houston Gateway Academy

Lunch K8

			1	Lunch Entree Mini Chicken Corn Dogs Vegetables Broccoli Diced Carrots Fruit Apple Juice		2	Lunch Entree Beef & Cheese Walking Taco Vegetables Pinto Beans Diced Carrots Fruit Red Apple Slices		3	Lunch Entree Pizza Crunchers Vegetables Green Beans Corn Fruit Diced Peaches	4
	7	Lunch Entree Beef & Cheese Quesadilla Vegetables Pinto Beans Diced Carrots Fruit Apple Juice Condiments Cholula Packet	8	Lunch Entree Chicken Smackers with Mac & Cheese Vegetables Wango Mango Juice Box Diced Carrots Fruit Orange		9	Lunch Entree Breakfast for Lunch: Scrambled Eggs & French Toast Sticks Vegetables Dragon Punch Diced Potatoes Fruit Red Apple Slices		10	Lunch Entree Mozzarella Stuffed Breadsticks with Marinara Dip Vegetables Broccoli Spaghetti Sauce Dip Fruit Pear Halves	11
Lunch Entree Cheeseburger Vegetables Crinkle Cut Fries Diced Carrots Fruit Craisins	14	Lunch Entree NEW!! Chicken Enchilada Empanada Vegetables Pinto Beans Corn Fruit Apple Juice	15	Lunch Entree Popcorn Chicken Vegetables Green Beans Smile Shaped Potatoes Fruit Orange		16	Lunch Entree Spaghetti & Meatballs Vegetables Broccoli Fruit Red Apple Slices		17	Lunch Entree Turkey Pepperoni Pizza Rippers Vegetables Diced Carrots Corn Fruit Diced Peaches	18
Lunch Entree All Beef Hot Dog Vegetables Tater Tots Green Beans Fruit Raisins	21	Lunch Entree Grilled Cheese Vegetables Baked Beans Broccoli Fruit Apple Juice	22	Lunch Entree Loaded Fries with Ground Beef & Queso Vegetables Pinto Beans Fruit Orange Grains Honey Graham Crackers		23	Lunch Entree Chicken Smackers & Ketchup Vegetables Diced Carrots Fruit Sliced Apples Grains Broccoli Cheese Rice		24		25
Lunch Entree Breaded Chicken Sandwich Vegetables Crinkle Cut Fries Dill Pickle Chips Fruit Craisins	28	Lunch Entree Beef Taco Vegetables Pinto Beans Diced Carrots Fruit Apple Juice Condiments Cholula Packet	29	Lunch Entree Meatballs,beef Vegetables Green Beans Mashed Potatoes & Gravy Fruit Orange Grains Dinner Roll		30					

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.