



September

Houston Gateway Academy

Lunch HS

		1	Lunch Entree Mini Chicken Corn Dogs Vegetables Broccoli Diced Carrots Fruit Apple Crisps Apple Juice		2	Lunch Entree Beef & Cheese Walking Taco Vegetables Pinto Beans Diced Carrots Fruit Red Apple Slices Apple Juice Grains Honey Graham Crackers		3	Lunch Entree Pizza Crunchers Vegetables Green Beans Corn Fruit Diced Peaches Apple Juice	4
	7	8	Lunch Entree Beef & Cheese Quesadilla Vegetables Pinto Beans Diced Carrots Fruit Apple Juice Apple Crisps		9	Lunch Entree Breakfast for Lunch: Scrambled Eggs & French Toast Sticks Vegetables Dragon Punch Diced Potatoes Fruit Red Apple Slices Apple Juice Grains Dinner Roll		10	Lunch Entree Mozzarella Stuffed Breadsticks with Marinara Dip Vegetables Spaghetti Sauce Dip Broccoli Fruit Pear Halves Apple Juice	11
Lunch Entree Cheeseburger Vegetables Crinkle Cut Fries Diced Carrots Fruit Sour Mixed Berry Raisins Apple Juice	14	15	Lunch Entree NEW!! Chicken Enchilada Empanada Vegetables Pinto Beans Corn Fruit Apple Juice Apple Crisps		16	Lunch Entree Spaghetti & Meatballs Vegetables Broccoli Fruit Red Apple Slices Apple Juice		17	Lunch Entree Turkey Pepperoni Pizza Rippers Vegetables Diced Carrots Corn Fruit Diced Peaches Apple Juice	18
Lunch Entree All Beef Hot Dog Vegetables Tater Tots Fruit Craisins Apple Juice	21	22	Lunch Entree Grilled Cheese Vegetables Baked Beans Broccoli Fruit Apple Juice Apple Crisps		23	Lunch Entree Loaded Fries with Ground Beef & Queso Vegetables Pinto Beans Fruit Apple Juice Orange Grains Honey Graham Crackers Giant Vanilla Goldfish		24		25
Lunch Entree Breaded Chicken Sandwich Vegetables Crinkle Cut Fries Dill Pickle Chips Fruit Sour Mixed Berry Raisins Apple Juice	28	29	Lunch Entree Beef Taco Vegetables Pinto Beans Diced Carrots Fruit Apple Crisps Apple Juice Grains Mexican Rice Condiments Cholula Packet		30					

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.