

November

Houston Gateway Academy

Lunch HS

2 **Lunch Entree** Breaded Chicken Sandwich **Vegetables** Crinkle Cut Fries Dill Pickle Chips **Fruit** Sour Mixed Berry Raisins Apple Juice	**3** **Lunch Entree** Beef Taco **Vegetables** Pinto Beans Diced Carrots **Fruit** Apple Crisps Apple Juice **Grains** Mexican Rice **Condiments** Cholula Packet	**4** **Lunch Entree** Meatballs,beef **Vegetables** Mashed Potatoes & Gravy Green Beans **Fruit** Orange Apple Juice **Grains** Dinner Roll Honey Graham Crackers **Misc.** String Cheese	**5** **Lunch Entree** Chicken Alfredo **Vegetables** Brocoli Florets Baby Carrots **Fruit** Red Apple Slices Apple Juice **Grains** Dinner Roll	**6** **Lunch Entree** Turkey & Beef Pepperoni Pizza **Vegetables** Diced Carrots Corn **Fruit** Diced Peaches Apple Juice
9 **Lunch Entree** Meatball Sub **Vegetables** Diced Potatoes **Fruit** Craisins Apple Juice	**10** **Lunch Entree** Mini Chicken Corn Dogs **Vegetables** Broccoli Diced Carrots **Fruit** Apple Crisps Apple Juice	**11** **Lunch Entree** "Fried" Chicken Bowl with Mashed Potatoes & Corn **Fruit** Orange Apple Juice **Grains** Dinner Roll	**12** **Lunch Entree** Beef & Cheese Walking Taco **Vegetables** Pinto Beans Diced Carrots **Fruit** Red Apple Slices Apple Juice **Grains** Honey Graham Crackers	**13** **Lunch Entree** Pizza Crunchers **Vegetables** Green Beans Corn **Fruit** Raisins Apple Juice
16 **Lunch Entree** BBQ Chicken Tender Sandwich **Vegetables** Green Beans Corn **Fruit** Raisins Apple Juice	**17** **Lunch Entree** Bean & Cheese Burrito **Vegetables** Pinto Beans Diced Carrots **Fruit** Apple Juice Apple Crisps	**18** **Lunch Entree** Chicken Smackers with Mac & Cheese **Vegetables** Wango Mango Juice Box Diced Carrots **Fruit** Orange Apple Juice **Grains** Dinner Roll	**19** **Lunch Entree** Breakfast for Lunch: Scrambled Eggs & French Toast Sticks **Vegetables** Dragon Punch Diced Potatoes **Fruit** Red Apple Slices Apple Juice **Grains** Dinner Roll	**20**
23 *Thanksgiving*	**24** *Thanksgiving*	**25** *Thanksgiving*	**26** *Thanksgiving*	**27** *Thanksgiving*
30 **Lunch Entree** All Beef Hot Dog **Vegetables** Tater Tots **Fruit** Craisins Apple Juice				

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.