

November

Houston Gateway Academy

Breakfast HGA Co-Mingled

2 **Breakfast Entree** Cinnamon Toast Crunch **Fruit** Applesauce Apple Juice **Grains** Honey Graham Crackers	**3** **Breakfast Entree** Mini Maple Pancakes Golden Grahams **Fruit** Apple Juice Mixed Fruit **Grains** Honey Graham Crackers	**4** **Breakfast Entree** Froot Loops Waffle Trix Cereal **Fruit** Banana Apple Juice **Grains** Honey Graham Crackers	**5** **Breakfast Entree** Maple Belgian Waffle Cinnamon Toast Crunch **Fruit** Pears Apple Juice **Grains** Honey Graham Crackers	**6** **Breakfast Entree** Lucky Charms Cereal **Fruit** Blueberries Apple Juice
9 **Breakfast Entree** Trix Cereal Bar **Fruit** Applesauce Apple Juice	**10** **Breakfast Entree** Cinnamon Toast Crunch Mini French Toast Golden Grahams **Fruit** Mixed Fruit Apple Juice **Grains** Honey Graham Crackers	**11** **Breakfast Entree** Cinnamon Snack'n Waffle Trix Cereal **Fruit** Banana Apple Juice **Grains** Honey Graham Crackers	**12** **Breakfast Entree** Turkey Sausage Biscuit Cinnamon Toast Crunch **Fruit** Pears Apple Juice **Grains** Honey Graham Crackers	**13** **Breakfast Entree** Banana Muffin **Fruit** Blueberries Apple Juice
16 **Breakfast Entree** Apple Cinnamon Nutri-Grain Bar **Fruit** Applesauce Apple Juice	**17** **Breakfast Entree** Breakfast Turkey Sausage Pizza Golden Grahams **Fruit** Mixed Fruit Apple Juice **Grains** Honey Graham Crackers	**18** **Breakfast Entree** Mini Confetti Pancakes Trix Cereal **Fruit** Banana Apple Juice **Grains** Honey Graham Crackers	**19** **Breakfast Entree** Maple Pancake, Chicken Sausage & Cheese Sandwich Cinnamon Toast Crunch **Fruit** Pears Apple Juice **Grains** Honey Graham Crackers	**20**
Thanksgiving **23**	*Thanksgiving* **24**	*Thanksgiving* **25**	*Thanksgiving* **26**	*Thanksgiving* **27**
30 **Breakfast Entree** Trix Cereal **Fruit** Applesauce Apple Juice				

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.