

# SPRING

## March

## Houston Gateway Academy Lunch HS

<b>Lunch Entree</b> Meatball Sub <b>Vegetables</b> Crinkle Cut Fries Green Beans <b>Fruit</b> Sour Watermelon Raisins Apple Juice	<b>2</b> <b>Lunch Entree</b> Mini Chicken Corn Dogs <b>Vegetables</b> Baked Beans Vegetable Blend <b>Fruit</b> Orange Apple Juice	<b>3</b> <b>Lunch Entree</b> Chicken Tenders & Ketchup <b>Vegetables</b> Tater Tots Green Beans <b>Fruit</b> Red Apple Slices Apple Juice <b>Grains</b> Honey Graham Crackers	<b>4</b> <b>Lunch Entree</b> Savory Beef Meatloaf <b>Vegetables</b> Mashed Potatoes Brown Sugar Glazed Diced Carrots <b>Fruit</b> Apple Juice Apple Crisps <b>Grains</b> Dinner Roll Honey Graham Crackers	<b>5</b> <b>Lunch Entree</b> Turkey & Beef Pepperoni Pizza <b>Vegetables</b> Broccoli Diced Carrots <b>Fruit</b> Diced Peaches Apple Juice	<b>6</b>
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	
<b>16</b>	<b>17</b> <b>Lunch Entree</b> Beef Tamale <b>Vegetables</b> Diced Carrots Pinto Beans <b>Fruit</b> Orange Apple Juice <b>Grains</b> Mexican Rice	<b>18</b> <b>Lunch Entree</b> "Fried" Chicken Bowl with Mashed Potatoes & Corn <b>Fruit</b> Red Apple Slices Apple Juice <b>Grains</b> Honey Graham Crackers	<b>19</b> <b>Lunch Entree</b> Breakfast for Lunch: Scrambled Eggs & French Toast Sticks <b>Vegetables</b> Diced Potatoes Dragon Punch <b>Fruit</b> Apple Crisps Apple Juice	<b>20</b> <b>Lunch Entree</b> Pizza Crunchers <b>Vegetables</b> Green Beans Diced Carrots Marinara Sauce Dunk Cup <b>Fruit</b> Diced Peaches Apple Juice	
<b>Lunch Entree</b> All Beef Hot Dog <b>Vegetables</b> Crinkle Cut Fries Diced Carrots <b>Fruit</b> Craisins Apple Juice	<b>23</b> <b>Lunch Entree</b> Turkey Carnitas Taco <b>Vegetables</b> Pinto Beans Corn <b>Fruit</b> Orange Apple Juice <b>Grains</b> Honey Graham Crackers	<b>24</b> <b>Lunch Entree</b> Chicken Parmesan Penne Pasta <b>Vegetables</b> Broccoli <b>Fruit</b> Red Apple Slices Apple Juice <b>Grains</b> Dinner Roll	<b>25</b> <b>Lunch Entree</b> Chicken Smackers & Ketchup <b>Vegetables</b> Green Beans Diced Carrots <b>Fruit</b> Apple Juice Apple Crisps <b>Grains</b> Dinner Roll	<b>26</b> <b>Lunch Entree</b> Italian Pull Apart Cheese & Garlic Bread <b>Vegetables</b> Baby Carrots Broccoli Florets <b>Fruit</b> Diced Peaches Apple Juice	<b>27</b>
<b>Lunch Entree</b> Breaded Chicken Sandwich <b>Vegetables</b> Corn Dill Pickle Chips <b>Fruit</b> Sour Mixed Berry Raisins Apple Juice	<b>30</b> <b>Lunch Entree</b> Loaded Fries with Ground Beef & Queso <b>Vegetables</b> Pinto Beans <b>Fruit</b> Orange Apple Juice <b>Grains</b> Honey Graham Crackers Heart Shaped Pretzels	<b>31</b>			

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.