



February

Houston Gateway Academy

Lunch HS

Lunch Entree All Beef Hot Dog Vegetables Crinkle Cut Fries Broccoli Fruit Sour Watermelon Raisins Apple Juice	2	Lunch Entree Loaded Fries with Ground Beef & Queso Vegetables Pinto Beans Fruit Orange Apple Juice Grains Honey Graham Crackers Heart Shaped Pretzels	3	Lunch Entree "Fried" Chicken Bowl with Mashed Potatoes & Corn Fruit Red Apple Slices Apple Juice Grains Dinner Roll	4	Lunch Entree Chicken Tenders & Ketchup Vegetables Green Beans Broccoli Fruit Apple Juice Apple Crisps Grains Mac & Cheese	5	Lunch Entree Turkey Pepperoni Pizza Rippers Vegetables Spaghetti Sauce Diced Carrots Fruit Diced Peaches Apple Juice	6
Lunch Entree Cheeseburger Vegetables Onion Rings Diced Carrots Fruit Craisins Apple Juice	9	Lunch Entree Beef & Cheese Walking Taco Vegetables Pinto Beans Corn Fruit Orange Apple Juice Grains Honey Graham Crackers Condiments Cholula Packet	10	Lunch Entree Chicken Parmesan Penne Pasta Vegetables Broccoli Fruit Red Apple Slices Apple Juice Grains Dinner Roll	11	Lunch Entree Glazed Chicken Drumstick Vegetables Corn Breaded Okra Fruit Apple Juice Apple Crisps Grains Dinner Roll	12		13
	16	Lunch Entree Beef & Cheese Quesadilla Vegetables Pinto Beans Diced Carrots Fruit Orange Apple Juice	17	Lunch Entree Breakfast for Lunch: Scrambled Eggs, Turkey Sausage & Biscuit Vegetables Tater Tots Dragon Punch Fruit Red Apple Slices Apple Juice	18	Lunch Entree Spaghetti & Meatballs Vegetables Garden Salad Fruit Apple Juice Apple Crisps Grains Dinner Roll	19	Lunch Entree Mini Beef Pepperoni Calzones Vegetables Green Beans Diced Carrots Fruit Diced Peaches Apple Juice	20
Lunch Entree Cheeseburger Vegetables Crinkle Cut Fries Green Beans Fruit Craisins Apple Juice	23	Lunch Entree Chicken Smackers & Ketchup Vegetables Diced Carrots Fruit Orange Apple Juice Grains Broccoli Cheese Rice Honey Graham Crackers	24	Lunch Entree S&F Foods Turkey Ham & Cheese Stromboli Vegetables Pinto Beans Corn Fruit Red Apple Slices Apple Juice	25	Lunch Entree Chicken Alfredo Vegetables Broccoli Baby Carrots Fruit Apple Juice Apple Crisps Grains Dinner Roll	26	Lunch Entree Turkey & Beef Pepperoni Pizza Vegetables Green Beans Diced Carrots Fruit Cool Tropics Slush Apple Crisps	27

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.