

February

Houston Gateway Academy Lunch HS

Lunch Entree	2	Lunch Entree	3	Lunch Entree	4	Lunch Entree	5	Lunch Entree	6
All Beef Hot Dog		Loaded Fries with Ground Beef & Queso		"Fried" Chicken Bowl with Mashed Potatoes & Corn		Chicken Tenders & Ketchup		Turkey Pepperoni Pizza	
Vegetables		Vegetables		Fruit		Vegetables		Rippers	
Crinkle Cut Fries		Pinto Beans		Red Apple Slices		Green Beans		Vegetables	
Broccoli		Fruit		Apple Juice		Broccoli		Spaghetti Sauce	
Fruit		Orange		Grains		Fruit		Diced Carrots	
Sour Watermelon Raisins		Apple Juice		Dinner Roll		Apple Juice		Fruit	
Apple Juice		Grains				Apple Crisps		Diced Peaches	
		Honey Graham Crackers				Grains		Apple Juice	
		Heart Shaped Pretzels				Mac & Cheese			
Lunch Entree	9	Lunch Entree	10	Lunch Entree	11	Lunch Entree	12		13
Cheeseburger		Beef & Cheese Walking Taco		Chicken Parmesan Penne Pasta		Glazed Chicken Drumstick			
Vegetables		Vegetables		Vegetables		Vegetables			
Onion Rings		Pinto Beans		Broccoli		Corn			
Diced Carrots		Corn		Fruit		Breaded Okra			
Fruit		Fruit		Red Apple Slices		Fruit			
Craisins		Orange		Apple Juice		Apple Juice			
Apple Juice		Apple Juice		Grains		Apple Crisps			
		Grains		Dinner Roll		Grains			
		Honey Graham Crackers				Dinner Roll			
		Condiments							
		Cholula Packet							
Lunch Entree	16	Lunch Entree	17	Lunch Entree	18	Lunch Entree	19	Lunch Entree	20
Beef & Cheese Quesadilla		Breakfast for Lunch: Scrambled Eggs, Turkey Sausage & Biscuit		Spaghetti & Meatballs		Mini Beef Pepperoni Calzones			
Vegetables		Vegetables		Vegetables		Vegetables			
Pinto Beans		Tater Tots		Garden Salad		Green Beans			
Diced Carrots		Dragon Punch		Fruit		Diced Carrots			
Fruit		Red Apple Slices		Apple Juice		Fruit			
Orange		Apple Juice		Apple Crisps		Diced Peaches			
Apple Juice				Grains		Apple Juice			
				Dinner Roll					
Lunch Entree	23	Lunch Entree	24	Lunch Entree	25	Lunch Entree	26	Lunch Entree	27
Cheeseburger		Chicken Smackers & Ketchup		S&F Foods Turkey Ham & Cheese Stromboli		Chicken Alfredo		Turkey & Beef Pepperoni Pizza	
Vegetables		Vegetables		Vegetables		Vegetables		Vegetables	
Crinkle Cut Fries		Diced Carrots		Pinto Beans		Broccoli		Green Beans	
Green Beans		Fruit		Corn		Baby Carrots		Diced Carrots	
Fruit		Orange		Fruit		Fruit		Fruit	
Craisins		Apple Juice		Red Apple Slices		Apple Juice		Cool Tropics Slush	
Apple Juice		Grains		Apple Juice		Apple Crisps		Apple Crisps	
		Broccoli Cheese Rice				Grains			
		Honey Graham Crackers				Dinner Roll			

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.