



# January

## Houston Gateway Academy

### Lunch Preschool HGA

			No School	1	No School	2			
5	<b>Lunch Entree</b> Loaded Tot-chos: Tater Tots with Ground Beef & Queso <b>Fruit</b> Blueberries	6	<b>Lunch Entree</b> Breakfast for Lunch: Scrambled Eggs & Biscuit <b>Vegetables</b> Tater Tots <b>Fruit</b> Pears	7	<b>Lunch Entree</b> Meatballs,beef <b>Vegetables</b> Mashed Potatoes <b>Fruit</b> Diced Peaches <b>Grains</b> Dinner Roll	8	<b>Lunch Entree</b> Mini Beef Pepperoni Calzones <b>Vegetables</b> Diced Carrots <b>Fruit</b> Applesauce	9	
<b>Lunch Entree</b> Cheeseburger <b>Vegetables</b> Corn <b>Fruit</b> Diced Peaches	12	<b>Lunch Entree</b> Chicken Nuggets <b>Vegetables</b> Diced Carrots <b>Fruit</b> Blueberries	13	<b>Lunch Entree</b> S&F Foods Turkey Ham & Cheese Stromboli <b>Vegetables</b> Pinto Beans <b>Fruit</b> Pears	14	<b>Lunch Entree</b> Breaded Chicken Sandwich <b>Vegetables</b> Romaine Lettuce <b>Fruit</b> Diced Peaches <b>Condiments</b> Ranch Packet	15	<b>Lunch Entree</b> Turkey Pepperoni Pizza Rippers <b>Vegetables</b> Diced Carrots <b>Fruit</b> Applesauce	16
19	<b>Lunch Entree</b> Mini Chicken Corn Dogs <b>Vegetables</b> Baked Beans <b>Fruit</b> Blueberries	20	<b>Lunch Entree</b> Chicken Tenders & Ketchup <b>Vegetables</b> Green Beans <b>Fruit</b> Pears	21	<b>Lunch Entree</b> Cheeseburger Mac <b>Fruit</b> Diced Peaches	22	<b>Lunch Entree</b> Pizza Crunchers <b>Vegetables</b> Corn <b>Fruit</b> Applesauce	23	
<b>Lunch Entree</b> BBQ Chicken Tender Sandwich <b>Vegetables</b> Sugar Snap Peas <b>Fruit</b> Diced Peaches	26	<b>Lunch Entree</b> Cheese & Green Chile Tamale <b>Vegetables</b> Corn <b>Fruit</b> Blueberries	27	<b>Lunch Entree</b> Meatballs,beef <b>Vegetables</b> Mashed Potatoes <b>Fruit</b> Pears <b>Grains</b> Dinner Roll	28	<b>Lunch Entree</b> Breakfast for Lunch: Scrambled Eggs & French Toast Sticks <b>Vegetables</b> Seasoned Potatoes <b>Fruit</b> Diced Peaches	29		30

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.