



January

Houston Gateway Academy

Lunch K8

			No School	1	No School	2			
	Lunch Entree Loaded Fries with Ground Beef & Queso Vegetables Pinto Beans Fruit Orange Grains Honey Graham Crackers	6	Lunch Entree Breakfast for Lunch: Scrambled Eggs, Turkey Sausage & Biscuit Vegetables Tater Tots Dragon Punch Fruit Red Apple Slices	7	Lunch Entree Spaghetti & Meatballs Vegetables Garden Salad Fruit Apple Juice	8	Lunch Entree Mini Beef Pepperoni Calzones Vegetables Green Beans Diced Carrots Fruit Diced Peaches	9	
Lunch Entree Cheeseburger Vegetables Crinkle Cut Fries Fruit Craisins	12	Lunch Entree Chicken Smackers & Ketchup Vegetables Diced Carrots Fruit Orange Grains Broccoli Cheese Rice	13	Lunch Entree S&F Foods Turkey Ham & Cheese Stromboli Vegetables Pinto Beans Corn Fruit Red Apple Slices	14	Lunch Entree Chicken Alfredo Vegetables Broccoli Fruit Apple Juice	15	Lunch Entree Turkey Pepperoni Pizza Rippers Vegetables Green Beans Diced Carrots Fruit Cool Tropics Slush	16
	19	Lunch Entree Mini Chicken Corn Dogs Vegetables Baked Beans Vegetable Blend Fruit Orange	20	Lunch Entree Chicken Tenders & Ketchup Vegetables Tater Tots Green Beans Fruit Red Apple Slices Grains Birthday Cake Graham Crackers	21	Lunch Entree Cheeseburger Mac Vegetables Baby Carrots Fruit Apple Juice Condiments Ranch Packet	22	Lunch Entree Pizza Crunchers Vegetables Broccoli Corn Fruit Diced Peaches	23
Lunch Entree BBQ Chicken Tender Sandwich Vegetables Diced Carrots Sugar Snap Peas Fruit Sour Mixed Berry Raisins	26	Lunch Entree Cheese & Green Chile Tamale Vegetables Pinto Beans Corn Fruit Orange	27	Lunch Entree Meatballs,beef Vegetables Mashed Potatoes & Gravy Green Beans Fruit Red Apple Slices Grains Dinner Roll	28	Lunch Entree Breakfast for Lunch: Scrambled Eggs & French Toast Sticks Vegetables Diced Potatoes Dragon Punch Fruit Apple Juice	29		30

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.