



January

Houston Gateway Academy

Lunch HS

				<i>No School</i>	1	<i>No School</i>	2		
	5	Lunch Entree Loaded Tot-chos: Tater Tots with Ground Beef & Queso Vegetables Pinto Beans Fruit Orange Apple Juice	6	Lunch Entree Breakfast for Lunch: Scrambled Eggs, Turkey Sausage & Biscuit Vegetables Tater Tots Dragon Punch Fruit Red Apple Slices Apple Juice	7	Lunch Entree Spaghetti & Meatballs Vegetables Garden Salad Fruit Apple Juice Apple Crisps	8	Lunch Entree Mini Beef Pepperoni Calzones Vegetables Diced Carrots Green Beans Fruit Diced Peaches Apple Juice	9
Lunch Entree Cheeseburger Vegetables Crinkle Cut Fries Fruit Craisins Apple Juice	12	Lunch Entree Chicken Smackers & Ketchup Vegetables Diced Carrots Fruit Orange Apple Juice Grains Broccoli Cheese Rice Dinner Roll	13	Lunch Entree S&F Foods Turkey Ham & Cheese Stromboli Vegetables Pinto Beans Corn Fruit Red Apple Slices Apple Juice	14	Lunch Entree Chicken Alfredo Vegetables Broccoli Diced Carrots Fruit Apple Juice Apple Crisps	15	Lunch Entree Turkey Pepperoni Pizza Rippers Vegetables Green Beans Diced Carrots Fruit Diced Peaches Apple Juice	16
	19	Lunch Entree Mini Chicken Corn Dogs Vegetables Baked Beans Vegetable Blend Fruit Orange Apple Juice	20	Lunch Entree Chicken Tenders & Ketchup Vegetables Tater Tots Green Beans Fruit Red Apple Slices Apple Juice Grains Dinner Roll	21	Lunch Entree Cheeseburger Mac Vegetables Baby Carrots Cucumber Slices Fruit Apple Juice Apple Crisps Grains Dinner Roll Condiments Ranch Packet	22	Lunch Entree Pizza Crunchers Vegetables Broccoli Corn Fruit Diced Peaches Apple Juice	23
Lunch Entree BBQ Chicken Tender Sandwich Vegetables Diced Carrots Sugar Snap Peas Fruit Sour Mixed Berry Raisins Apple Juice	26	Lunch Entree Cheese & Green Chile Tamale Vegetables Pinto Beans Corn Fruit Orange Apple Juice	27	Lunch Entree Meatballs, beef Vegetables Mashed Potatoes Green Beans Fruit Red Apple Slices Apple Juice Grains Dinner Roll Cinnamon Tiger Bites Misc. String Cheese	28	Lunch Entree Breakfast for Lunch: Scrambled Eggs & French Toast Sticks Vegetables Diced Potatoes Dragon Punch Fruit Apple Crisps Apple Juice Grains Birthday Cake Graham Crackers	29		30

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.