



September

Houston Gateway Academy

Lunch Preschool

1 Lunch Entree Chicken Tenders & BBQ Sauce Vegetables Green Beans Fruit Blueberries	2 Lunch Entree S&F Foods Turkey Ham & Cheese Stromboli Vegetables Corn Fruit Pears	3 Lunch Entree Cheeseburger Mac Fruit Apple Juice	4 Lunch Entree Turkey & Beef Pepperoni Pizza Vegetables Corn Fruit Applesauce	
Lunch Entree Cheesy Turkey Bacon Chicken Sandwich Vegetables Corn Fruit Diced Peaches	8 Lunch Entree Breakfast for Lunch: Scrambled Eggs & Biscuit Vegetables Seasoned Potatoes Fruit Blueberries	9 Lunch Entree Chicken Parmesan Penne Pasta Fruit Pears	10 Lunch Entree Crispy Beef Taco Vegetables Pinto Beans Fruit Apple Juice	11 Lunch Entree Pizza Crunchers Vegetables Green Beans Fruit Applesauce
Lunch Entree Chicken Nuggets Vegetables Broccoli Fruit Diced Peaches	15 Lunch Entree Chicken Fajita Queso Taco Vegetables Diced Carrots Fruit Blueberries	16 Lunch Entree Spaghetti & Meatballs Fruit Pears	17 Lunch Entree Beef & Cheese Quesadilla Vegetables Green Beans Fruit Apple Juice	18 Lunch Entree Turkey Pepperoni Pizza Rippers Vegetables Broccoli Fruit Applesauce
Lunch Entree Cheeseburger Vegetables Broccoli Fruit Diced Peaches	22 Lunch Entree Grilled Cheese Vegetables Green Beans Fruit Blueberries	23 Lunch Entree Cheesy Rigatoni Vegetables Sugar Snap Peas Fruit Pears	24 Lunch Entree "Fried" Chicken Bowl with Mashed Potatoes & Corn Fruit Apple Juice	25
Lunch Entree Meatball Sub Vegetables Corn Fruit Diced Peaches	29 Lunch Entree Korean Chicken Rice Bowl Vegetables Green Beans Fruit Blueberries	30 		

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.