



September

Houston Gateway Academy

Lunch HS

1	Lunch Entree Chicken Tenders & BBQ Sauce Vegetables Vegetable Blend Green Beans Fruit Orange Apple Juice	2	Lunch Entree S&F Foods Turkey Ham & Cheese Stromboli Vegetables Corn Pinto Beans Fruit Red Apple Slices Apple Juice	3	Lunch Entree Cheeseburger Mac Vegetables Broccoli Fruit Apple Crisps Apple Juice	4	Lunch Entree Turkey & Beef Pepperoni Pizza Vegetables Diced Carrots Corn Fruit Diced Peaches Apple Juice		
Lunch Entree Cheesy Turkey Bacon Chicken Sandwich Vegetables Broccoli Corn Fruit Sour Watermelon Raisins Apple Juice	8	Lunch Entree Breakfast for Lunch: Scrambled Eggs, Turkey Sausage & Biscuit Vegetables Tater Tots Sunset Sip Juice Fruit Orange Apple Juice	9	Lunch Entree Chicken Parmesan Penne Pasta Vegetables Brown Sugar Glazed Diced Carrots Green Beans Fruit Red Apple Slices Apple Juice	10	Lunch Entree Crispy Beef Taco Vegetables Corn Pinto Beans Fruit Apple Crisps Apple Juice	11	Lunch Entree Pizza Crunchers Vegetables Green Beans Sliced Carrots Fruit Diced Peaches Apple Juice	12
Lunch Entree All Beef Hot Dog Vegetables Crinkle Cut Fries Broccoli Fruit Craisins Apple Juice	15	Lunch Entree Chicken Fajita Walking Taco Vegetables Pinto Beans Diced Carrots Fruit Orange Apple Juice	16	Lunch Entree Spaghetti & Meatballs Vegetables Corn Broccoli Fruit Red Apple Slices Apple Juice	17	Lunch Entree Beef & Cheese Quesadilla Vegetables Green Beans Pinto Beans Fruit Apple Juice Apple Crisps	18	Lunch Entree Turkey Pepperoni Pizza Rippers Vegetables Ranch Seasoned Diced Carrots Broccoli Fruit Diced Peaches Apple Juice	19
Lunch Entree Cheeseburger Vegetables Crinkle Cut Fries Broccoli Fruit Sour Mixed Berry Raisins Apple Juice	22	Lunch Entree Mini Chicken Corn Dogs Vegetables Baked Beans Green Beans Fruit Orange Apple Juice	23	Lunch Entree Cheesy Rigatoni Vegetables Sugar Snap Peas Diced Carrots Fruit Red Apple Slices Apple Juice	24	Lunch Entree "Fried" Chicken Bowl with Mashed Potatoes & Corn Fruit Apple Juice Apple Crisps	25	26	
Lunch Entree Meatball Sub Vegetables Crinkle Cut Fries Corn Fruit Craisins Apple Juice	29	Lunch Entree Korean Chicken Rice Bowl Vegetables Green Beans Diced Carrots Fruit Orange Apple Juice	30						

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.