



September

Houston Gateway Academy Breakfast HS or Co-mingled (Prek-12)

	1 Breakfast Entree Golden Grahams Fruit Diced Peaches Apple Juice	2 Breakfast Entree Cinnamon Toast Crunch Mini French Toast Fruit Blueberries Apple Juice	3 Breakfast Entree Breakfast Turkey Sausage Pizza Fruit Craisins Apple Juice	4 Breakfast Entree Blueberry Muffin Top Fruit Fuji Apple Apple Juice
Breakfast Entree Trix Cereal Fruit Apple Juice Applesauce	8 Breakfast Entree Cinnamon Snack'n Waffle Fruit Diced Peaches Apple Juice	9 Breakfast Entree NEW!! Beef & Chicken Maple Kolache Fruit Banana Apple Juice	10 Breakfast Entree Honey Chicken Biscuit Fruit Craisins Apple Juice	11 Breakfast Entree Mini Cinnamon Rolls Fruit Fuji Apple Apple Juice
Breakfast Entree Cocoa Puffs Cereal Fruit Apple Juice Applesauce	15 Breakfast Entree Cowboy Bread Fruit Diced Peaches Apple Juice	16 Breakfast Entree Blueberry Belgian Waffle Fruit Blueberries Apple Juice	17 Breakfast Entree Turkey Sausage, Egg & Cheese Breakfast Bagel Fruit Craisins Apple Juice	18 Breakfast Entree Banana Muffin Fruit Fuji Apple Apple Juice Misc. String Cheese
Breakfast Entree Cinnamon Toast Crunch Fruit Applesauce Apple Juice	22 Breakfast Entree Mini Confetti Pancakes Fruit Diced Peaches Apple Juice	23 Breakfast Entree Turkey Sausage Biscuit Fruit Banana Apple Juice	24 Breakfast Entree Trix Mini French Toast Fruit Craisins Apple Juice	25
Breakfast Entree Trix Cereal Fruit Applesauce Apple Juice	29 Breakfast Entree Apple Cinnamon Texas Toast Fruit Diced Peaches Apple Juice	30 		

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.