

October

Houston Gateway Academy

Vegetables Green Beans Fruit Diced Peaches Lunch Entree Green Beans Green Beans Fruit Applesauce Lunch Entree Green Beans Fruit Applesauce Lunch Entree Taco Vegetables Mashed Potatoes Fruit Pears Grains Diced Potatoes Fruit Apple Juice Diced Potatoes Fruit Apple Juic	OCTOBE				Lunch Preschoo
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Diced Carrots Baled Beans Fruit Fruit Apple Julice Sliced Peaches			Chicken Alfredo	BBQ Chicken Slider	Beef Crumbles Pizza
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Lunch Entree Chesseburger Chicken Tenders & Ketchup Vegetables Diced Carrots Fruit Applesauce Lunch Entree Siced Oranges Siced Oranges Lunch Entree Siced Oranges Lunc			Fruit	Fruit	Fruit
Cheeseburger Vegetables Diced Carrots Fruit Applesauce 13			Red Apple Slices	Apple Juice	Sliced Peaches
Vegetables Diced Carrots Vegetables Green Beans Vegetables Corm Fruit Apple Juice Calzones Vegetables Diced Carrots Fruit Apple Juice Vegetables Diced Carrots Vegetables Diced Diced Peaches Vegetables Diced Carrots	Lunch Entree 6	Lunch Entree 7	Lunch Entree 8	Lunch Entree 9	Lunch Entree
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Lunch Entree 13	Applesauce	Sliced Oranges	Red Apple Slices		
Breaded Chicken Sandwich Vegetables Green Beans Fruit Diced Peaches Lunch Entree Chicken Nuggets Green Beans Fruit Applesauce Zo Lunch Entree Sicied Oranges Meatballs, beef Vegetables Mashed Potatoes Fruit Pears Grains Dinder Potatoes Fruit Apple Juice Breakfast for Lunch: Scrambled Eggs & French Tocast Sticks Vegetables Diced Potatoes Fruit Apple Juice Fruit Lone Star Luau Slush Fruit Corn Fruit Pears Lunch Entree Sica Mashed Potatoes Fruit Corn Fruit Pears Lunch Entree Sica Mashed Potatoes					Diced Peaches
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Fruit Diced Peaches Pinto Beans Fruit Diced Peaches Pinto Beans Fruit Blueberries Pears Grains Dinner Roll Misc. Brown Gravy 1 ounce Lunch Entree Chicken Nuggets Vegetables Diced Carrots Fruit Apple Slices Fruit Pears Grains Dinner Roll Misc. Brown Gravy 1 ounce Lunch Entree Chicken Parmesan Penne Pasta Pruit Apple Slices Fruit Red Apple Slices Fruit Pears Lunch Entree Pars Lunch Entree Pars Corn Fruit Pears Lunch Entree Pars Lunch Entree Pars Corn Fruit Pears Lunch Entree Pars Lunch En	Vegetables		Vegetables	Toast Sticks	
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Breaded Whole Muscle Chicken Sandwich Loaded Tot-chos: Tater Tots with Ground Beef & Queso Fruit Sliced Oranges Chicken Bowl with Mashed Potatoes & Corn Fruit Rotini & Meatsauce Fruit Apple Juice Rotini & Meatsauce Garlic Bread Vegetables Diced Carrots Fruit Fruit Apple Juice Fruit Fruit Apple Juice	Applesauce	Sliced Oranges		Pears	
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Baked Beans Sliced Oranges Red Apple Slices Apple Juice Diced Carrots Fruit Fruit		·			
Fruit Fruit				Apple Juice	
Diced reaches Applesauce					
	Diced Peacnes				Applesauce