

## **October**

## Houston Gateway Academy Breakfast HS or Co-mingled (Prek-12)

		Breakfast HS or Co-mingled (Pi		
		Breakfast Entree	Breakfast Entree 2	Breakfast Entree
		NEW!! Beef & Chicken Maple Kolache	Cinnamon Toast Crunch Mini French Toast	Mini Bagels w/ Strawberry Cream Cheese
		Fruit	Fruit	Fruit
		Blueberries	Craisins	Fuji Apple
		Apple Juice	Apple Juice	Apple Juice
			Misc.	
			String Cheese	
Breakfast Entree	Breakfast Entree 7	Breakfast Entree	Breakfast Entree 9	Breakfast Entree
Mini Muffin, Banana, 90/1.9oz, 1WG + Cheese Stick, 1MMA	Biscuit & Jelly	Mini Maple Pancakes	Breakfast Turkey Sausage	Golden Grahams
	Fruit	Fruit	Pizza	Fruit
Fruit	Diced Peaches	Banana	Fruit	Fuji Apple
Applesauce	Apple Juice	Apple Juice	Craisins	Apple Juice
Apple Juice			Apple Juice	
Breakfast Entree	Breakfast Entree 14	Breakfast Entree 1	5 Breakfast Entree 16	Breakfast Entree
Cinnamon Toast Crunch	Mini Confetti Pancakes	Turkey Sausage Biscuit	Blueberry Belgian Waffle	Mini Cinnamon Rolls
Fruit	Fruit	Fruit	Fruit	Fruit
Applesauce	Diced Peaches	Blueberries	Craisins	Fuji Apple
Apple Juice	Apple Juice	Apple Juice	Apple Juice	Apple Juice
Breakfast Entree 20	Breakfast Entree 21	Breakfast Entree 2	2 Breakfast Entree 23	
Blueberry Muffin Top	Cinnamon Snack'n Waffle	Turkey Sausage, Egg & Cheese Breakfast Bagel	Honey Chicken Biscuit	
Fruit	Fruit		Fruit	
Applesauce	Diced Peaches	Fruit	Craisins	
Apple Juice	Apple Juice	Banana	Apple Juice	
		Apple Juice		
Breakfast Entree 27	Breakfast Entree 28	Breakfast Entree 2	9 Breakfast Entree 30	Breakfast Entree
Cocoa Puffs Cereal	Trix Mini French Toast	Maple Belgian Waffle	Turkey Sausage Biscuit	Cinnamon Toast Crunch
Fruit	Fruit	Fruit	Fruit	Cereal Bar
Apple Juice	Diced Peaches	Blueberries	Craisins	Fruit
Applesauce	Apple Juice	Apple Juice	Apple Juice	Fuji Apple
				Apple Juice
				Grains
				Honey Graham Crackers

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.