

February 2024

Houston Gateway Academy Lunch 9-12 HGA

				01
			Lunch Entree	Lunch Entree
			Rotini & Meatballs	Beef Crumbles Pizza
			Vegetables	Vegetables
			Broccoli	Parmesan Diced Carrots
			Diced Carrots	Sugar Snap Peas
			Fruit	Fruit
			Diced Peaches	Craisins
			Apple Juice	Apple Juice
			Grains	, apple suice
			Dinner Roll	
			Diffier Roll	
05	0	6	07	08
unch Entree	Lunch Entree	Lunch Entree	Lunch Entree	Lunch Entree
Cheeseburger	NEW!! Beef & Cheese Crispy Taco	Chicken Tenders & BBQ Sauce	Oven-fried Chicken Drumstick	Italian Pull Apart Cheese & Garlic Brea
/egetables	Vegetables	Vegetables	Vegetables	Vegetables
Crinkle Cut Fries	Pinto Beans	Broccoli	Diced Carrots	Parmesan Diced Carrots
Diced Carrots		Cucumber Slices	Green Beans	Broccoli
	Sautéed Corn & Peppers			
Fruit	Fruit	Fruit	Fruit	Fruit
Craisins	Orange	Red Apple Slices	Diced Peaches	Craisins
Apple Juice	Apple Juice	Apple Juice	Apple Juice	Apple Juice
12	Grains	Grains	Grains	
	Mexican Rice	Dinner Roll	Cheesy Cornbread Muffin	
	1	3	14	15
unch Entree	Lunch Entree	Lunch Entree	Lunch Entree	Lunch Entree
Honey Mustard Grilled Chicken Sandwich	Chicken Fajita Walking Taco	Grilled Cheese	Chicken Parmesan Penne Pasta	Deep Dish Cheese Pizza
2				
/egetables	Vegetables	Vegetables	Vegetables	Vegetables
Wedge Cut Fries	Pinto Beans	Green Peas	Green Beans	Brown Sugar Glazed Diced Carrots
Broccoli	Corn	Diced Carrots	Fruit	Green Beans
Fruit	Fruit	Fruit	Diced Peaches	Fruit
Craisins	Orange	Sour Strawberry Raisins	Apple Juice	Craisins
Apple Juice	Angle Islan	-	Grains	Apple Juice
	ADDIE JUICE	Apple Juice		
	Apple Juice	Apple Juice	Garlic Texas Toast	Apple sale
			Garlic Texas Toast	
19	2	0	Garlic Texas Toast 21	22
	2 Lunch Entree	0 Lunch Entree	Garlic Texas Toast 21 Lunch Entree	22 Lunch Entree
	2 Lunch Entree Chicken Smackers & BBQ Sauce	0 Lunch Entree Turkey & Beef Pepperoni Pizza	Garlic Texas Toast Garlic Texas Toast Lunch Entree Glazed Chicken Drumstick	22 Lunch Entree Houston Rodeo Beef Brisket Sandwich
	2 Lunch Entree Chicken Smackers & BBQ Sauce Vegetables	0 Lunch Entree Turkey & Beef Pepperoni Pizza Vegetables	Garlic Texas Toast 21 Lunch Entree Glazed Chicken Drumstick Vegetables	22 Lunch Entree Houston Rodeo Beef Brisket Sandwich Vegetables
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	2 Lunch Entree Chicken Smackers & BBQ Sauce Vegetables Ranch Seasoned Diced Carrots	0 Lunch Entree Turkey & Beef Pepperoni Pizza Vegetables Green Beans	Garlic Texas Toast Carlic Texas Toast Lunch Entree Glazed Chicken Drumstick Vegetables Onion Rings	22 Lunch Entree Houston Rodeo Beef Brisket Sandwich Vegetables Baked Beans
	2 Lunch Entree Chicken Smackers & BBQ Sauce Vegetables Ranch Seasoned Diced Carrots Green Peas Fruit	0 Lunch Entree Turkey & Beef Pepperoni Pizza Vegetables Green Beans Broccoli Fruit	Garlic Texas Toast Cunch Entree Glazed Chicken Drumstick Vegetables Onion Rings Diced Carrots	22 Lunch Entree Houston Rodeo Beef Brisket Sandwich Vegetables Baked Beans Corn
	2 Lunch Entree Chicken Smackers & BBQ Sauce Vegetables Ranch Seasoned Diced Carrots Green Peas Fruit Orange	0 Lunch Entree Turkey & Beef Pepperoni Pizza Vegetables Green Beans Broccoli Fruit Red Apple Slices	Garlic Texas Toast Classified Chicken Drumstick Vegetables Onion Rings Diced Carrots Fruit Diced Peaches	22 Lunch Entree Houston Rodeo Beef Brisket Sandwich Vegetables Baked Beans Corn Fruit Craisins
	2 Lunch Entree Chicken Smackers & BBQ Sauce Vegetables Ranch Seasoned Diced Carrots Green Peas Fruit Orange Apple Juice	0 Lunch Entree Turkey & Beef Pepperoni Pizza Vegetables Green Beans Broccoli Fruit	Garlic Texas Toast Carlic Texas Toast Lunch Entree Glazed Chicken Drumstick Vegetables Onion Rings Diced Carrots Fruit Diced Peaches Apple Juice	22 Lunch Entree Houston Rodeo Beef Brisket Sandwich Vegetables Baked Beans Corn Fruit
	2 Lunch Entree Chicken Smackers & BBQ Sauce Vegetables Ranch Seasoned Diced Carrots Green Peas Fruit Orange Apple Juice Grains	0 Lunch Entree Turkey & Beef Pepperoni Pizza Vegetables Green Beans Broccoli Fruit Red Apple Slices	Garlic Texas Toast Carlic Texas Toast Lunch Entree Glazed Chicken Drumstick Vegetables Onion Rings Diced Carrots Fruit Diced Peaches Apple Juice Grains	22 Lunch Entree Houston Rodeo Beef Brisket Sandwich Vegetables Baked Beans Corn Fruit Craisins
19	2 Lunch Entree Chicken Smackers & BBQ Sauce Vegetables Ranch Seasoned Diced Carrots Green Peas Fruit Orange Apple Juice Grains Dinner Roll	0 Lunch Entree Turkey & Beef Pepperoni Pizza Vegetables Green Beans Broccoli Fruit Red Apple Slices Apple Juice	Garlic Texas Toast Carlic Texas Toast Lunch Entree Glazed Chicken Drumstick Vegetables Onion Rings Diced Carrots Fruit Diced Peaches Apple Juice Grains Dinner Roll	22 Lunch Entree Houston Rodeo Beef Brisket Sandwich Vegetables Baked Beans Corn Fruit Craisins Local Lone Star Luau Slush
19	2 Lunch Entree Chicken Smackers & BBQ Sauce Vegetables Ranch Seasoned Diced Carrots Green Peas Fruit Orange Apple Juice Grains Dinner Roll 2	0 Lunch Entree Turkey & Beef Pepperoni Pizza Vegetables Green Beans Broccoli Fruit Red Apple Slices Apple Juice 7	Garlic Texas Toast Carlic Texas Toast Lunch Entree Glazed Chicken Drumstick Vegetables Onion Rings Diced Carrots Fruit Diced Peaches Apple Juice Grains Dinner Roll 28	22 Lunch Entree Houston Rodeo Beef Brisket Sandwich Vegetables Baked Beans Corn Fruit Craisins
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19 26 unch Entree	2 Lunch Entree Chicken Smackers & BBQ Sauce Vegetables Ranch Seasoned Diced Carrots Green Peas Fruit Orange Apple Juice Grains Dinner Roll 2	0 Lunch Entree Turkey & Beef Pepperoni Pizza Vegetables Green Beans Broccoli Fruit Red Apple Slices Apple Juice 7	Garlic Texas Toast Carlic Texas Toast Lunch Entree Glazed Chicken Drumstick Vegetables Onion Rings Diced Carrots Fruit Diced Peaches Apple Juice Grains Dinner Roll 28	22 Lunch Entree Houston Rodeo Beef Brisket Sandwich Vegetables Baked Beans Corn Fruit Craisins Local Lone Star Luau Slush
19 Lunch Entree Tiesta Burger	2 Lunch Entree Chicken Smackers & BBQ Sauce Vegetables Ranch Seasoned Diced Carrots Green Peas Fruit Orange Apple Juice Grains Dinner Roll 2 Lunch Entree	0 Lunch Entree Turkey & Beef Pepperoni Pizza Vegetables Green Beans Broccoli Fruit Red Apple Slices Apple Juice 7 Lunch Entree	Garlic Texas Toast Carlic Texas Toast Lunch Entree Glazed Chicken Drumstick Vegetables Onion Rings Diced Carrots Fruit Diced Peaches Apple Juice Grains Dinner Roll Carlot Lunch Entree	22 Lunch Entree Houston Rodeo Beef Brisket Sandwich Vegetables Baked Beans Corn Fruit Craisins Local Lone Star Luau Slush
19 26 unch Entree Fiesta Burger /egetables	2 Lunch Entree Chicken Smackers & BBQ Sauce Vegetables Ranch Seasoned Diced Carrots Green Peas Fruit Orange Apple Juice Grains Dinner Roll 2 Lunch Entree Chicken Tenders & Honey Mustard Dip	 Lunch Entree Turkey & Beef Pepperoni Pizza Vegetables Green Beans Broccoli Fruit Red Apple Slices Apple Juice Lunch Entree Spaghetti & Meatballs Vegetables 	Garlic Texas Toast Carlic Texas Toast Lunch Entree Glazed Chicken Drumstick Vegetables Onion Rings Diced Carrots Fruit Diced Peaches Apple Juice Grains Dinner Roll Lunch Entree Korean Chicken Rice Bowl	22 Lunch Entree Houston Rodeo Beef Brisket Sandwich Vegetables Baked Beans Corn Fruit Craisins Local Lone Star Luau Slush
19 Lunch Entree Tiesta Burger <i>(egetables</i> Tater Tots	2 Lunch Entree Chicken Smackers & BBQ Sauce Vegetables Ranch Seasoned Diced Carrots Green Peas Fruit Orange Apple Juice Grains Dinner Roll Lunch Entree Chicken Tenders & Honey Mustard Dip Vegetables Pinto Beans	 Lunch Entree Turkey & Beef Pepperoni Pizza Vegetables Green Beans Broccoli Fruit Red Apple Slices Apple Juice Lunch Entree Spaghetti & Meatballs Vegetables Green Beans 	 Garlic Texas Toast Cunch Entree Glazed Chicken Drumstick Vegetables Onion Rings Diced Carrots Fruit Diced Peaches Apple Juice Grains Dinner Roll Lunch Entree Korean Chicken Rice Bowl Vegetables Diced Carrots 	22 Lunch Entree Houston Rodeo Beef Brisket Sandwich Vegetables Baked Beans Corn Fruit Craisins Local Lone Star Luau Slush
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19 Lunch Entree Tiesta Burger <i>Kegetables</i> Tater Tots Corn Truit Craisins	2 Lunch Entree Chicken Smackers & BBQ Sauce Vegetables Ranch Seasoned Diced Carrots Green Peas Fruit Orange Apple Juice Grains Dinner Roll 2 Lunch Entree Chicken Tenders & Honey Mustard Dip Vegetables Pinto Beans Broccoli Fruit Orange	 Lunch Entree Turkey & Beef Pepperoni Pizza Vegetables Green Beans Broccoli Fruit Red Apple Slices Apple Juice Lunch Entree Spaghetti & Meatballs Vegetables Green Beans Baby Carrots Fruit Red Apple Slices 	Garlic Texas Toast 21 Lunch Entree Glazed Chicken Drumstick Vegetables Onion Rings Diced Carrots Fruit Diced Peaches Apple Juice Grains Dinner Roll 28 Lunch Entree Korean Chicken Rice Bowl Vegetables Diced Carrots Green Beans Fruit Diced Peaches	22 Lunch Entree Houston Rodeo Beef Brisket Sandwich Vegetables Baked Beans Corn Fruit Craisins Local Lone Star Luau Slush
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All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.