

September 2023

Houston Gateway Academy Supper 6-18yr

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_	Lunch Entree	Lunch Entree	Lunch Entree
	Supper Box: Yogurt, Smart Crackers and	Turkey & Cheese Sandwich	BBQ Chicken Slider
	Cheese Stick	Vegetables	Vegetables
	Vegetables	Baby Carrots	Baby Carrots
	Baby Carrots	Fruit	Fruit
	Fruit	Craisins	Orange
	Red Apple Slices	Misc.	Misc.
	Misc. Ranch Packet	Ranch Packet	Ranch Packet
1	1 12	13	14
Lunch Entree	Lunch Entree	Lunch Entree	Lunch Entree
Wowbutter & Jelly Sandwich	Ranch Chicken Slider	BYO Turkey Pepperoni Pizza Kit	Turkey Ham & Cheese on Hawaiian Bun
Vegetables	Vegetables	Vegetables	Vegetables
Baby Carrots	Baby Carrots	Baby Carrots	Baby Carrots
Fruit	Fruit	Misc.	Fruit
Apple Crisps	Red Apple Slices	Ranch Packet	Orange
Misc.			Misc.
Ranch Packet			Ranch Packet
String Cheese			String Cheese
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Lunch Entree	Lunch Entree	Lunch Entree	Lunch Entree
_	Lunch Entree Turkey Ham & Cheese Croissant Sandwich	Lunch Entree Parmesan Garlic Chicken Bites + Dinner Roll	Supper Box: Turkey Squares & Cheese
Lunch Entree			Supper Box: Turkey Squares & Cheese Cubes with Crackers
Lunch Entree Fritos & Bean Dip	Turkey Ham & Cheese Croissant Sandwich	Parmesan Garlic Chicken Bites + Dinner Roll	Supper Box: Turkey Squares & Cheese Cubes with Crackers Vegetables
Lunch Entree Fritos & Bean Dip Vegetables	Turkey Ham & Cheese Croissant Sandwich Vegetables	Parmesan Garlic Chicken Bites + Dinner Roll Vegetables	Supper Box: Turkey Squares & Cheese Cubes with Crackers Vegetables Baby Carrots
Lunch Entree Fritos & Bean Dip Vegetables Baby Carrots	Turkey Ham & Cheese Croissant Sandwich Vegetables Baby Carrots	Parmesan Garlic Chicken Bites + Dinner Roll Vegetables Baby Carrots	Supper Box: Turkey Squares & Cheese Cubes with Crackers Vegetables Baby Carrots Fruit
Lunch Entree Fritos & Bean Dip Vegetables Baby Carrots Fruit	Turkey Ham & Cheese Croissant Sandwich Vegetables Baby Carrots Fruit	Parmesan Garlic Chicken Bites + Dinner Roll Vegetables Baby Carrots Fruit	Supper Box: Turkey Squares & Cheese Cubes with Crackers Vegetables Baby Carrots Fruit Orange
Lunch Entree Fritos & Bean Dip Vegetables Baby Carrots Fruit Apple Crisps	Turkey Ham & Cheese Croissant Sandwich Vegetables Baby Carrots Fruit Red Apple Slices	Parmesan Garlic Chicken Bites + Dinner Roll Vegetables Baby Carrots Fruit Craisins	Supper Box: Turkey Squares & Cheese Cubes with Crackers Vegetables Baby Carrots Fruit Orange Misc.
Lunch Entree Fritos & Bean Dip Vegetables Baby Carrots Fruit Apple Crisps Misc. Ranch Packet String Cheese	Turkey Ham & Cheese Croissant Sandwich Vegetables Baby Carrots Fruit Red Apple Slices Misc. Ranch Packet	Parmesan Garlic Chicken Bites + Dinner Roll Vegetables Baby Carrots Fruit Craisins Misc. Ranch Packet	Supper Box: Turkey Squares & Cheese Cubes with Crackers Vegetables Baby Carrots Fruit Orange Misc. Ranch Packet
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Lunch Entree Fritos & Bean Dip Vegetables Baby Carrots Fruit Apple Crisps Misc. Ranch Packet String Cheese Lunch Entree Fritos & Taco Dip	Turkey Ham & Cheese Croissant Sandwich Vegetables Baby Carrots Fruit Red Apple Slices Misc. Ranch Packet Lunch Entree Bagel with Cream Cheese & Wowbutter	Parmesan Garlic Chicken Bites + Dinner Roll Vegetables Baby Carrots Fruit Craisins Misc. Ranch Packet 27 Lunch Entree Turkey & Cheese Sandwich	Supper Box: Turkey Squares & Cheese Cubes with Crackers Vegetables Baby Carrots Fruit Orange Misc. Ranch Packet 28 Lunch Entree Honey Mustard Chicken Slider
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Lunch Entree Fritos & Bean Dip Vegetables Baby Carrots Fruit Apple Crisps Misc. Ranch Packet String Cheese Lunch Entree Fritos & Taco Dip Vegetables Baby Carrots Fruit Apple Crisps	Turkey Ham & Cheese Croissant Sandwich Vegetables Baby Carrots Fruit Red Apple Slices Misc. Ranch Packet 5 Lunch Entree Bagel with Cream Cheese & Wowbutter Vegetables Baby Carrots Fruit Red Apple Slices	Parmesan Garlic Chicken Bites + Dinner Roll Vegetables Baby Carrots Fruit Craisins Misc. Ranch Packet Lunch Entree Turkey & Cheese Sandwich Vegetables Baby Carrots Fruit Craisins	Supper Box: Turkey Squares & Cheese Cubes with Crackers Vegetables Baby Carrots Fruit Orange Misc. Ranch Packet 28 Lunch Entree Honey Mustard Chicken Slider Vegetables Baby Carrots Fruit Orange
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All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.