August 2023

Houston Gateway Academy
Lunch 9-12

	01	**02**	**03**	**04**
07 **Lunch Entree** Turkey Pepperoni Pizza **Vegetables** Broccoli Diced Carrots **Fruit** Craisins	**08** **Lunch Entree** Beef Tamales + Queso Dip **Vegetables** Pinto Beans Green Beans **Fruit** Orange	**09** **Lunch Entree** "Fried" Chicken Bowl with Mashed Potatoes & Corn **Fruit** Red Apple Slices	**10** **Lunch Entree** Breakfast for Lunch: Scrambled Eggs, Turkey Sausage & French Toast Sticks **Vegetables** Sweet Potato Hash Diced Carrots **Fruit** Orange	**11** **Lunch Entree** BBQ Chicken Tender Sandwich **Vegetables** Crinkle Cut Fries Green Beans **Fruit** Diced Peaches
14 **Lunch Entree** Italian Pull Apart Cheese & Garlic Bread **Vegetables** Diced Carrots Collard Greens **Fruit** Craisins	**15** **Lunch Entree** Mini Chicken Corn Dogs **Vegetables** Tater Tots Baby Carrots **Fruit** Orange	**16** **Lunch Entree** Rotini & Meatsauce **Vegetables** Green Beans Corn **Fruit** Red Apple Slices	**17** **Lunch Entree** Oven Fried Chicken Drumstick **Vegetables** Breaded Okra Pinto Beans **Fruit** Red Apple Slices	**18** **Lunch Entree** Cheeseburger **Vegetables** Wedge Cut Fries Romaine Lettuce Diced Tomato **Fruit** Diced Peaches
21 **Lunch Entree** Beef Crumbles Pizza **Vegetables** Broccoli Diced Carrots **Fruit** Craisins	**22** **Lunch Entree** Chicken Tenders & Honey Mustard Dip **Vegetables** Baked Beans Breaded Okra **Fruit** Orange	**23** **Lunch Entree** Teriyaki Glazed Chicken Drumstick **Vegetables** Green Beans Green Peas **Fruit** Red Apple Slices	**24** **Lunch Entree** Korean BBQ Chicken **Vegetables** Diced Carrots Cheesy Corn Casserole **Fruit** Orange	**25** **Lunch Entree** Turkey Hot Dog **Vegetables** Crinkle Cut Fries Sliced Carrots **Fruit** Diced Peaches
28 **Lunch Entree** Turkey Pepperoni Pizza **Vegetables** Diced Carrots Broccoli **Fruit** Craisins	**29** **Lunch Entree** Grilled Cheese **Vegetables** Corn Sugar Snap Peas **Fruit** Orange	**30** **Lunch Entree** Beef Taco **Vegetables** Pinto Beans Corn **Fruit** Red Apple Slices	**31** **Lunch Entree** Chicken Parmesan Penne Pasta **Vegetables** Green Beans Diced Carrots **Fruit** Red Apple Slices	

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.