

August 2023

Houston Gateway Academy Breakfast HGA PreK-12

		010	2 0	3 04
	07	08 0	9 1	0 11
Breakfast Entree	Breakfast Entree	Breakfast Entree	Breakfast Entree	Breakfast Entree
Apple Cinnamon Cheerios	Pancake Sausage Bites	Honey Chicken Biscuit	Mini Confetti Pancakes	Mini Bagels w/ Cinnamon Cream
Fruit	Fruit	Fruit	Fruit	Cheese
Diced Peaches	Pears	Orange	Banana	Fruit
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Grapes
			Misc.	Orange Juice
			Wowbutter	
	14	15 10	6 1	7 18
Breakfast Entree	Breakfast Entree	Breakfast Entree	Breakfast Entree	Breakfast Entree
Frosted Flakes	Mini Maple Pancakes	Turkey Sausage, Egg & Cheese Breakfast Pocket	Turkey Sausage English Muffin	Banana Bread
Fruit	Fruit		Fruit	Fruit
Diced Peaches	Pears	Fruit	Banana	Grapes
Apple Juice	Apple Juice	Orange	Apple Juice	Apple Juice
	Misc.	Apple Juice	Misc.	
	String Cheese		Wowbutter	
	21	22 2	3 2	4 25
Breakfast Entree	Breakfast Entree	Breakfast Entree	Breakfast Entree	Breakfast Entree
Golden Grahams	Breakfast Turkey Sausage Pizza	Mini Cinnamon French Toast	Croissant + Jelly	Maple Waffle
Fruit	Fruit	Fruit	Fruit	Fruit
Diced Peaches	Pears	Orange	Banana	Grapes
Grape Juice	Grape Juice	Grape Juice	Grape Juice	Grape Juice
			Misc.	
			Wowbutter	
	28	29 3	0 3	1
Breakfast Entree	Breakfast Entree	Breakfast Entree	Breakfast Entree	
Cinnamon Toast Crunch	Turkey Sausage Biscuit Sandwic	h Maple Pancake, Chicken Sausage	& Scrambled Egg Waffle-zza	
Fruit	Fruit	Cheese Sandwich	Fruit	
Diced Peaches	Pears	Fruit	Banana	
Apple Juice	Apple Juice	Orange	Apple Juice	
Misc.		Apple Juice	Misc.	
String Cheese			Wowbutter	

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.