



# May 2023

## Houston Gateway Academy Lunch 9-12 HGA

<p><b>Lunch Entree</b> Cheeseburger</p> <p><b>Vegetables</b> Broccoli Wedge Cut Fries</p> <p><b>Fruit</b> Diced Peaches Orange</p>	<p><b>02</b></p> <p><b>Lunch Entree</b> Chicken Tenders &amp; BBQ Sauce</p> <p><b>Vegetables</b> Diced Carrots Green Peas</p> <p><b>Fruit</b> Blueberries Banana</p> <p><b>Grains</b> Dinner Roll</p>	<p><b>03</b></p> <p><b>Lunch Entree</b> Oven Fried Chicken Drumstick</p> <p><b>Vegetables</b> Vegetable Blend Sliced Carrots</p> <p><b>Fruit</b> Pineapple Banana</p> <p><b>Grains</b> Cheesy Cornbread Muffin</p> <p><b>Misc.</b> Cheddar Cheese Cubes</p>	<p><b>04</b></p> <p><b>Lunch Entree</b> <b>NEW</b> Ground Beef &amp; Cheese Walking Taco</p> <p><b>Vegetables</b> Corn Pinto Beans</p> <p><b>Fruit</b> Craisins Diced Peaches</p>	<p><b>05</b></p> <p><b>Lunch Entree</b> Papa Johns Cheese Pizza</p> <p><b>Vegetables</b> Green Beans Sliced Carrots</p> <p><b>Fruit</b> Red Apple Cool Tropics Slush</p>
<p><b>Lunch Entree</b> Grilled Cheese</p> <p><b>Vegetables</b> Baby Carrots Crinkle Cut Fries</p> <p><b>Fruit</b> Diced Peaches Orange</p> <p><b>Misc.</b> Ranch</p>	<p><b>09</b></p> <p><b>Lunch Entree</b> Beef Tamales</p> <p><b>Vegetables</b> Corn Pinto Beans</p> <p><b>Fruit</b> Blueberries Banana</p> <p><b>Misc.</b> String Cheese</p>	<p><b>10</b></p> <p><b>Lunch Entree</b> Pizza Crunchers</p> <p><b>Vegetables</b> Green Beans Diced Carrots</p> <p><b>Fruit</b> Pineapple Banana</p>	<p><b>11</b></p> <p><b>Lunch Entree</b> Chicken Nuggets</p> <p><b>Vegetables</b> Green Beans Mashed Potatoes &amp; Gravy</p> <p><b>Fruit</b> Diced Peaches Craisins</p> <p><b>Grains</b> Dinner Roll</p>	<p><b>12</b></p> <p><b>Lunch Entree</b> Papa Johns Cheese Pizza</p> <p><b>Vegetables</b> Sliced Carrots Broccoli</p> <p><b>Fruit</b> Red Apple</p>
<p><b>Lunch Entree</b> <b>NEW</b> Chicken Tender Sandwich</p> <p><b>Vegetables</b> Baby Carrots Crinkle Cut Fries</p> <p><b>Fruit</b> Cool Tropics Slush Diced Peaches</p> <p><b>Misc.</b> Ranch</p>	<p><b>16</b></p> <p><b>Lunch Entree</b> BBQ Chicken Drumstick</p> <p><b>Vegetables</b> Vegetable Blend Diced Carrots</p> <p><b>Fruit</b> Blueberries Banana</p> <p><b>Grains</b> Cheesy Cornbread Muffin</p> <p><b>Misc.</b> Cheddar Cheese Cubes</p>	<p><b>17</b></p>	<p><b>18</b></p>	<p><b>19</b></p>
<p><b>23</b></p>	<p><b>24</b></p>	<p><b>25</b></p>	<p><b>26</b></p>	
<p><b>30</b></p>	<p><b>31</b></p>			

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.