

April 2023

Houston Gateway Academy 22-23 Supper CACFP 6-18yr Cold

	03	04 05	06
Lunch Entree	Lunch Entree	Lunch Entree	Lunch Entree
Cheddar Cheese Nachos	Supper Box: Yogurt, Smart Crackers and	Bagel with Cream Cheese & Wowbutter	Chicken Nuggets + BBQ Sauce
Vegetables	Cheese Stick	Vegetables	Vegetables
Baby Carrots	Vegetables	Baby Carrots	Baby Carrots
Fruit	Baby Carrots	Fruit	Fruit
Craisins	Fruit	Orange	Red Apple
Misc.	Red Apple Slices	Misc.	Misc.
Ranch	Misc.	String Cheese	Ranch
String Cheese	Ranch	Ranch	
	10	11 12	13
Lunch Entree	Lunch Entree	Lunch Entree	Lunch Entree
Fritos & Bean Dip	Turkey Ham & Cheese on Hawaiian Bun	Cheddar Cheese Nachos	Supper Box: Turkey Squares & Cheese
Vegetables	Vegetables	Vegetables	Cubes with Crackers
Triple Berry Blast Juice	Baby Carrots	Baby Carrots	Vegetables
Fruit	Fruit	Fruit	Baby Carrots
Craisins	Red Apple Slices	Orange	Fruit
Misc.	Misc.	Misc.	Red Apple
String Cheese	Wowbutter	String Cheese	Misc.
	Ranch	Ranch	Ranch
	17	18 19	20
Lunch Entree	Lunch Entree	Lunch Entree	Lunch Entree
Wowbutter & Jelly Sandwich	Supper Box: Yogurt, Smart Crackers and	Turkey & Cheese Sandwich	BYO Turkey Pepperoni Pizza Kit
Vegetables	Cheese Stick	Vegetables	Vegetables
Baby Carrots	Vegetables	Baby Carrots	Baby Carrots
Fruit	Baby Carrots Fruit	Fruit	Fruit
Craisins		Orange	Red Apple
Misc.	Red Apple Slices Misc.	Misc.	Misc.
Ranch	Ranch	Ranch	Ranch
String Cheese			
-	24	25 26	
Lunch Entree	24 Lunch Entree	Lunch Entree	Lunch Entree
Cheddar Cheese Nachos	Lunch Entree Turkey Ham & Cheese Croissant Sandwic	Lunch Entree h Bagel with Cream Cheese & Wowbutter	Lunch Entree Chicken Nuggets + BBQ Sauce
Cheddar Cheese Nachos Vegetables	Lunch Entree Turkey Ham & Cheese Croissant Sandwick Vegetables	Lunch Entree Bagel with Cream Cheese & Wowbutter Vegetables	Lunch Entree Chicken Nuggets + BBQ Sauce Vegetables
Cheddar Cheese Nachos Vegetables Baby Carrots	Lunch Entree Turkey Ham & Cheese Croissant Sandwic Vegetables Baby Carrots	Lunch Entree Bagel with Cream Cheese & Wowbutter Vegetables Baby Carrots	Lunch Entree Chicken Nuggets + BBQ Sauce Vegetables Baby Carrots
Cheddar Cheese Nachos Vegetables Baby Carrots Fruit	Lunch Entree Turkey Ham & Cheese Croissant Sandwic Vegetables Baby Carrots Fruit	Lunch Entree Bagel with Cream Cheese & Wowbutter Vegetables	Lunch Entree Chicken Nuggets + BBQ Sauce Vegetables Baby Carrots Fruit
Cheddar Cheese Nachos Vegetables Baby Carrots	Lunch Entree Turkey Ham & Cheese Croissant Sandwic Vegetables Baby Carrots	Lunch Entree Bagel with Cream Cheese & Wowbutter Vegetables Baby Carrots	Lunch Entree Chicken Nuggets + BBQ Sauce Vegetables Baby Carrots Fruit Red Apple
Cheddar Cheese Nachos Vegetables Baby Carrots Fruit	Lunch Entree Turkey Ham & Cheese Croissant Sandwic Vegetables Baby Carrots Fruit	Lunch Entree h Bagel with Cream Cheese & Wowbutter Vegetables Baby Carrots Fruit	Lunch Entree Chicken Nuggets + BBQ Sauce Vegetables Baby Carrots Fruit
Cheddar Cheese Nachos Vegetables Baby Carrots Fruit Craisins	Lunch Entree Turkey Ham & Cheese Croissant Sandwic Vegetables Baby Carrots Fruit Red Apple Slices	Lunch Entree h Bagel with Cream Cheese & Wowbutter Vegetables Baby Carrots Fruit Orange	Lunch Entree Chicken Nuggets + BBQ Sauce Vegetables Baby Carrots Fruit Red Apple

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.