

April 2023

Houston Gateway Academy Lunch K-8 HGA

	03	4 0	5	0
Lunch Entree	Lunch Entree	Lunch Entree	Lunch Entree	
Cheeseburger	Chicken Tenders & BBQ Sauce	Oven Fried Chicken Drumstick	Spaghetti & Meatsauce	
Vegetables	Vegetables	Vegetables	Vegetables	
Corn	Green Peas	Sliced Carrots	Vegetable Blend	
Baked Beans	Diced Carrots	Collard Greens	Broccoli	
Fruit	Fruit	Fruit	Fruit	
Orange	Pears	Banana	Craisins	
		Grains		
		Cheesy Cornbread Muffin		
	10	1	2	1
Lunch Entree	Lunch Entree	Lunch Entree	Lunch Entree	Lunch Entree
Turkey Hot Dog	Chicken Fajitas	Pizza Crunchers	Chicken Nuggets	Papa Johns Cheese Pizza
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Crinkle Cut Fries	Pinto Beans	Diced Carrots	Mashed Potatoes & Gravy	Broccoli
Baby Carrots	Sautéed Peppers & Onions	Corn	Green Beans	Carrots
Fruit	Fruit	Fruit	Fruit	Fruit
Orange	Pears	Banana	Diced Peaches	Red Apple
Misc.				
Ranch				
	17	8	9	20
Lunch Entree	Lunch Entree	Lunch Entree	Lunch Entree	Lunch Entree
Breaded Chicken Sandwich	BBQ Chicken Drumstick	Beef Tamales	Spaghetti & Meatballs	Papa Johns Cheese Pizza
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Crinkle Cut Fries	Vegetable Blend	Pinto Beans	Green Peas	Broccoli
Green Beans	Diced Carrots	Corn	Fruit	Carrots
Fruit	Fruit	Fruit	Diced Peaches	Fruit
Cool Tropics Slush	Pears	Banana		Red Apple
	Grains	Misc.		
	Bread	String Cheese		
	24	5	6	27
Lunch Entree	Lunch Entree	Lunch Entree	Lunch Entree	Lunch Entree
WG Battered Corn Dog	D (T	Grilled Chicken	Grilled Cheese	Papa Johns Cheese Pizza
WG battered Corn Dog	Beef Taco	Griffed Criffeeer		
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
9			Vegetables Sweet Potato Fries	Vegetables Diced Carrots
Vegetables	Vegetables	Vegetables	3	
Vegetables Baby Carrots	Vegetables Sautéed Peppers & Onions	Vegetables Collard Greens	Sweet Potato Fries	Diced Carrots
Vegetables Baby Carrots Wedge Cut Fries	Vegetables Sautéed Peppers & Onions Pinto Beans	Vegetables Collard Greens Green Beans	Sweet Potato Fries Corn	Diced Carrots Broccoli
Vegetables Baby Carrots Wedge Cut Fries Fruit	Vegetables Sautéed Peppers & Onions Pinto Beans Fruit	Vegetables Collard Greens Green Beans Fruit	Sweet Potato Fries Corn Fruit	Diced Carrots Broccoli Fruit

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.