



April 2023

**Houston Gateway Academy
Lunch 9-12 HGA**

<p>03</p> <p>Lunch Entree Cheeseburger</p> <p>Vegetables Baked Beans Corn</p> <p>Fruit Diced Peaches Orange</p>	<p>04</p> <p>Lunch Entree Chicken Tenders & BBQ Sauce</p> <p>Vegetables Diced Carrots Green Peas</p> <p>Fruit Banana Pears</p> <p>Grains Dinner Roll</p>	<p>05</p> <p>Lunch Entree BBQ Chicken Drumstick</p> <p>Vegetables Sliced Carrots Corn</p> <p>Fruit Pineapple Banana</p> <p>Grains Cheesy Cornbread Muffin</p> <p>Misc. Cheddar Cheese Cubes</p>	<p>06</p> <p>Lunch Entree Spaghetti & Meatsauce</p> <p>Vegetables Broccoli Green Beans</p> <p>Fruit Craisins Diced Peaches</p>	<p>07</p>
<p>10</p> <p>Lunch Entree Turkey Hot Dog</p> <p>Vegetables Crinkle Cut Fries Baby Carrots</p> <p>Fruit Diced Peaches Orange</p> <p>Misc. Ranch</p>	<p>11</p> <p>Lunch Entree Chicken Fajitas</p> <p>Vegetables Pinto Beans Sautéed Peppers & Onions</p> <p>Fruit Banana Pears</p> <p>Grains Mexican Rice</p>	<p>12</p> <p>Lunch Entree Pizza Crunchers</p> <p>Vegetables Corn Diced Carrots</p> <p>Fruit Pineapple Banana</p> <p>Grains Dinner Roll</p>	<p>13</p> <p>Lunch Entree Chicken Nuggets</p> <p>Vegetables Green Beans Mashed Potatoes & Gravy</p> <p>Fruit Diced Peaches Craisins</p> <p>Grains Dinner Roll</p>	<p>14</p> <p>Lunch Entree Papa Johns Cheese Pizza</p> <p>Vegetables Sliced Carrots Broccoli</p> <p>Fruit Red Apple</p>
<p>17</p> <p>Lunch Entree Breaded Chicken Sandwich</p> <p>Vegetables Green Beans Crinkle Cut Fries</p> <p>Fruit Cool Tropics Slush Diced Peaches</p>	<p>18</p> <p>Lunch Entree BBQ Chicken Drumstick</p> <p>Vegetables Vegetable Blend Diced Carrots</p> <p>Fruit Banana Pears</p> <p>Grains Bread</p> <p>Misc. Cheddar Cheese Cubes</p>	<p>19</p> <p>Lunch Entree Beef Tamales</p> <p>Vegetables Pinto Beans Corn</p> <p>Fruit Banana Pineapple</p> <p>Misc. String Cheese</p>	<p>20</p> <p>Lunch Entree Spaghetti & Meatballs</p> <p>Vegetables Green Peas Sliced Carrots</p> <p>Fruit Diced Peaches Craisins</p>	<p>21</p> <p>Lunch Entree Papa Johns Cheese Pizza</p> <p>Vegetables Sliced Carrots Broccoli</p> <p>Fruit Red Apple</p>
<p>24</p> <p>Lunch Entree WG Battered Corn Dog</p> <p>Vegetables Baby Carrots Wedge Cut Fries Diced Carrots</p> <p>Fruit Diced Peaches Orange</p> <p>Misc. Ranch</p>	<p>25</p> <p>Lunch Entree Beef Taco</p> <p>Vegetables Sautéed Peppers & Onions Pinto Beans</p> <p>Fruit Banana Pears</p> <p>Grains Mexican Rice</p>	<p>26</p> <p>Lunch Entree Grilled Chicken</p> <p>Vegetables Green Beans Collard Greens</p> <p>Fruit Pineapple Banana</p> <p>Grains Dinner Roll Mac & Cheese</p>	<p>27</p> <p>Lunch Entree Grilled Cheese</p> <p>Vegetables Sweet Potato Fries Corn</p> <p>Fruit Diced Peaches Craisins</p>	<p>28</p> <p>Lunch Entree Papa Johns Cheese Pizza</p> <p>Vegetables Broccoli Diced Carrots</p> <p>Fruit Red Apple</p>

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.