

March 2023

Houston Gateway Academy Cold Supper

			01	02
			Lunch Entree	Lunch Entree
			Cheddar Cheese Nachos	Turkey & Cheese Sandwich
			Vegetables	Vegetables
			Baby Carrots	Baby Carrots
			Fruit	Fruit
			Orange	Red Apple
			Misc.	Misc.
			String Cheese	Ranch
			Ranch	
	06	07	08	09
Lunch Entree		Lunch Entree	Lunch Entree	Lunch Entree
Wowbutter & Jelly Sandwich				Chicken Nuggets + BBQ Sauce
Vegetables		Supper Box: Yogurt, Smart Crackers and Cheese Stick	Supper Box: Turkey Squares & Cheese Cubes with Crackers	Vegetables
Baby Carrots		Vegetables	Vegetables	Baby Carrots
Fruit		Baby Carrots	Baby Carrots	Fruit
Craisins		Fruit	Fruit	Red Apple
Misc.		Red Apple Slices	Orange	Misc.
Ranch		Misc.	Misc.	Ranch
String Cheese		Ranch	Ranch	Kanch
string cheese				
	13	14	1 15	16
	20	21		22
Lunch Entros	20	2ª		
Lunch Entree	20	Lunch Entree	Lunch Entree	Lunch Entree
Fritos & Bean Dip	20	Lunch Entree Turkey Ham & Cheese on Hawaiian Bun	Lunch Entree Cheddar Cheese Nachos	Lunch Entree Turkey & Cheese Sandwich
Fritos & Bean Dip Vegetables	20	Lunch Entree Turkey Ham & Cheese on Hawaiian Bun Vegetables	Lunch Entree Cheddar Cheese Nachos Vegetables	Lunch Entree Turkey & Cheese Sandwich Vegetables
Fritos & Bean Dip Vegetables Baby Carrots	20	Lunch Entree Turkey Ham & Cheese on Hawaiian Bun Vegetables Baby Carrots	Lunch Entree Cheddar Cheese Nachos Vegetables Baby Carrots	Lunch Entree Turkey & Cheese Sandwich Vegetables Baby Carrots
Fritos & Bean Dip Vegetables Baby Carrots Fruit	20	Lunch Entree Turkey Ham & Cheese on Hawaiian Bun Vegetables Baby Carrots Fruit	Lunch Entree Cheddar Cheese Nachos Vegetables Baby Carrots Fruit	Lunch Entree Turkey & Cheese Sandwich Vegetables Baby Carrots Fruit
Fritos & Bean Dip Vegetables Baby Carrots Fruit Craisins	20	Lunch Entree Turkey Ham & Cheese on Hawaiian Bun Vegetables Baby Carrots Fruit Red Apple Slices	Lunch Entree Cheddar Cheese Nachos Vegetables Baby Carrots Fruit Orange	Lunch Entree Turkey & Cheese Sandwich Vegetables Baby Carrots Fruit Red Apple
Fritos & Bean Dip Vegetables Baby Carrots Fruit Craisins Misc.	20	Lunch Entree Turkey Ham & Cheese on Hawaiian Bun Vegetables Baby Carrots Fruit Red Apple Slices Misc.	Lunch Entree Cheddar Cheese Nachos Vegetables Baby Carrots Fruit Orange Misc.	Lunch Entree Turkey & Cheese Sandwich Vegetables Baby Carrots Fruit Red Apple Misc.
Fritos & Bean Dip Vegetables Baby Carrots Fruit Craisins Misc. Ranch	20	Lunch Entree Turkey Ham & Cheese on Hawaiian Bun Vegetables Baby Carrots Fruit Red Apple Slices Misc. String Cheese	Lunch Entree Cheddar Cheese Nachos Vegetables Baby Carrots Fruit Orange Misc. String Cheese	Lunch Entree Turkey & Cheese Sandwich Vegetables Baby Carrots Fruit Red Apple
Fritos & Bean Dip Vegetables Baby Carrots Fruit Craisins Misc.	20	Lunch Entree Turkey Ham & Cheese on Hawaiian Bun Vegetables Baby Carrots Fruit Red Apple Slices Misc.	Lunch Entree Cheddar Cheese Nachos Vegetables Baby Carrots Fruit Orange Misc.	Lunch Entree Turkey & Cheese Sandwich Vegetables Baby Carrots Fruit Red Apple Misc.
Fritos & Bean Dip Vegetables Baby Carrots Fruit Craisins Misc. Ranch String Cheese	20	Lunch Entree Turkey Ham & Cheese on Hawaiian Bun Vegetables Baby Carrots Fruit Red Apple Slices Misc. String Cheese Ranch	Lunch Entree Cheddar Cheese Nachos Vegetables Baby Carrots Fruit Orange Misc. String Cheese Ranch 2	Lunch Entree Turkey & Cheese Sandwich Vegetables Baby Carrots Fruit Red Apple Misc. Ranch
Fritos & Bean Dip Vegetables Baby Carrots Fruit Craisins Misc. Ranch		Lunch Entree Turkey Ham & Cheese on Hawaiian Bun Vegetables Baby Carrots Fruit Red Apple Slices Misc. String Cheese Ranch 28 Lunch Entree	Lunch Entree Cheddar Cheese Nachos Vegetables Baby Carrots Fruit Orange Misc. String Cheese Ranch 2 Lunch Entree	Lunch Entree Turkey & Cheese Sandwich Vegetables Baby Carrots Fruit Red Apple Misc. Ranch 30 Lunch Entree
Fritos & Bean Dip Vegetables Baby Carrots Fruit Craisins Misc. Ranch String Cheese		Lunch Entree Turkey Ham & Cheese on Hawaiian Bun Vegetables Baby Carrots Fruit Red Apple Slices Misc. String Cheese Ranch 28 Lunch Entree Supper Box: Yogurt, Smart Crackers and	Lunch Entree Cheddar Cheese Nachos Vegetables Baby Carrots Fruit Orange Misc. String Cheese Ranch 2 Lunch Entree	Lunch Entree Turkey & Cheese Sandwich Vegetables Baby Carrots Fruit Red Apple Misc. Ranch
Fritos & Bean Dip Vegetables Baby Carrots Fruit Craisins Misc. Ranch String Cheese		Lunch Entree Turkey Ham & Cheese on Hawaiian Bun Vegetables Baby Carrots Fruit Red Apple Slices Misc. String Cheese Ranch 28 Lunch Entree Supper Box: Yogurt, Smart Crackers and Cheese Stick	Lunch Entree Cheddar Cheese Nachos Vegetables Baby Carrots Fruit Orange Misc. String Cheese Ranch 2 Lunch Entree Supper Box: Turkey Squares & Cheese Cubes with Crackers	Lunch Entree Turkey & Cheese Sandwich Vegetables Baby Carrots Fruit Red Apple Misc. Ranch 30 Lunch Entree
Fritos & Bean Dip Vegetables Baby Carrots Fruit Craisins Misc. Ranch String Cheese Lunch Entree Wowbutter & Jelly Sandwich		Lunch Entree Turkey Ham & Cheese on Hawaiian Bun Vegetables Baby Carrots Fruit Red Apple Slices Misc. String Cheese Ranch 28 Lunch Entree Supper Box: Yogurt, Smart Crackers and Cheese Stick Vegetables	Lunch Entree Cheddar Cheese Nachos Vegetables Baby Carrots Fruit Orange Misc. String Cheese Ranch 2 Lunch Entree Supper Box: Turkey Squares & Cheese Cubes with Crackers Vegetables	Lunch Entree Turkey & Cheese Sandwich Vegetables Baby Carrots Fruit Red Apple Misc. Ranch 30 Lunch Entree BYO Pizza
Fritos & Bean Dip Vegetables Baby Carrots Fruit Craisins Misc. Ranch String Cheese Lunch Entree Wowbutter & Jelly Sandwich Vegetables		Lunch Entree Turkey Ham & Cheese on Hawaiian Bun Vegetables Baby Carrots Fruit Red Apple Slices Misc. String Cheese Ranch 28 Lunch Entree Supper Box: Yogurt, Smart Crackers and Cheese Stick Vegetables Baby Carrots	Lunch Entree Cheddar Cheese Nachos Vegetables Baby Carrots Fruit Orange Misc. String Cheese Ranch 2 Lunch Entree Supper Box: Turkey Squares & Cheese Cubes with Crackers Vegetables Baby Carrots	Lunch Entree Turkey & Cheese Sandwich Vegetables Baby Carrots Fruit Red Apple Misc. Ranch 30 Lunch Entree BYO Pizza Fruit
Fritos & Bean Dip Vegetables Baby Carrots Fruit Craisins Misc. Ranch String Cheese Lunch Entree Wowbutter & Jelly Sandwich Vegetables Baby Carrots		Lunch Entree Turkey Ham & Cheese on Hawaiian Bun Vegetables Baby Carrots Fruit Red Apple Slices Misc. String Cheese Ranch Zet Lunch Entree Supper Box: Yogurt, Smart Crackers and Cheese Stick Vegetables Baby Carrots Fruit	Lunch Entree Cheddar Cheese Nachos Vegetables Baby Carrots Fruit Orange Misc. String Cheese Ranch 2 Lunch Entree Supper Box: Turkey Squares & Cheese Cubes with Crackers Vegetables Baby Carrots Fruit	Lunch Entree Turkey & Cheese Sandwich Vegetables Baby Carrots Fruit Red Apple Misc. Ranch 30 Lunch Entree BYO Pizza Fruit
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All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.