



March 2023

Houston Gateway Academy Lunch K-8 HGA

		Lunch Entree Grilled Chicken Vegetables Green Beans Collard Greens Fruit Banana Grains Dinner Roll Mac & Cheese	01	Lunch Entree Grilled Cheese Vegetables Sweet Potato Fries Corn Fruit Diced Peaches	02	Lunch Entree Papa Johns Cheese Pizza Vegetables Diced Carrots Broccoli Fruit Red Apple	03		
Lunch Entree Cheeseburger Vegetables Corn Baked Beans Fruit Orange	06	Lunch Entree Chicken Tenders & BBQ Sauce Vegetables Green Peas Diced Carrots Fruit Blueberries	07	Lunch Entree Oven Fried Chicken Drumstick Vegetables Sliced Carrots Collard Greens Fruit Banana Grains Cheesy Cornbread Muffin	08	Lunch Entree Mozzarella Cheese Stuffed Breadsticks Vegetables Marinara Sauce Dunk Cup Green Beans Fruit Craisins	09	Lunch Entree Papa Johns Cheese Pizza Vegetables Broccoli Carrots Fruit Cool Tropics Slush Red Apple	10
	13		14		15		16		17
Lunch Entree Breaded Chicken Sandwich Vegetables Green Beans Crinkle Cut Fries Fruit Cool Tropics Slush	20	Lunch Entree BBQ Chicken Drumstick Vegetables Diced Carrots Baked Beans Fruit Blueberries Grains Bread	21	Lunch Entree Salisbury Steak w/ Gravy Vegetables Sugar Snap Peas Corn Fruit Banana Grains Blended Rice	22	Lunch Entree Spaghetti & Meatballs Vegetables Green Peas Fruit Diced Peaches	23	Lunch Entree Papa Johns Cheese Pizza Vegetables Carrots Broccoli Fruit Red Apple	24
Lunch Entree WG Battered Corn Dog Vegetables Baby Carrots Wedge Cut Fries Fruit Orange Misc. Ranch	27	Lunch Entree Beef Taco Vegetables Sautéed Peppers & Onions Pinto Beans Fruit Blueberries Grains Mexican Rice	28	Lunch Entree Grilled Chicken Vegetables Green Beans Collard Greens Fruit Banana Grains Dinner Roll Mac & Cheese	29	Lunch Entree Grilled Cheese Vegetables Sweet Potato Fries Corn Fruit Diced Peaches	30	Lunch Entree Papa Johns Cheese Pizza Vegetables Diced Carrots Broccoli Fruit Red Apple	31

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.