



March 2023

Houston Gateway Academy Lunch 9-12 HGA

		Lunch Entree Grilled Chicken Vegetables Green Beans Collard Greens Fruit Pineapple Banana Grains Dinner Roll Mac & Cheese	01	Lunch Entree Grilled Cheese Vegetables Sweet Potato Fries Corn Fruit Diced Peaches Craisins	02	Lunch Entree Papa Johns Cheese Pizza Vegetables Diced Carrots Broccoli Fruit Red Apple	03		
Lunch Entree Cheeseburger Vegetables Baked Beans Corn Fruit Diced Peaches Orange	06	Lunch Entree Chicken Tenders & BBQ Sauce Vegetables Diced Carrots Green Peas Fruit Blueberries Banana Grains Dinner Roll	07	Lunch Entree BBQ Chicken Drumstick Vegetables Corn Sliced Carrots Fruit Pineapple Banana Grains Cheesy Cornbread Muffin Misc. Cheddar Cheese Cubes	08	Lunch Entree Mozzarella Cheese Stuffed Breadsticks Vegetables Marinara Sauce Dunk Cup Green Beans Fruit Diced Peaches Craisins	09	Lunch Entree Papa Johns Cheese Pizza Vegetables Broccoli Sliced Carrots Fruit Cool Tropics Slush Red Apple	10
	13		14		15		16		17
Lunch Entree Breaded Chicken Sandwich Vegetables Green Beans Crinkle Cut Fries Fruit Cool Tropics Slush Diced Peaches	20	Lunch Entree BBQ Chicken Drumstick Vegetables Diced Carrots Baked Beans Fruit Blueberries Banana Grains Bread Misc. Cheddar Cheese Cubes	21	Lunch Entree Salisbury Steak w/ Gravy Vegetables Sugar Snap Peas Corn Fruit Banana Pineapple Grains Blended Rice	22	Lunch Entree Spaghetti & Meatballs Vegetables Green Peas Sliced Carrots Fruit Diced Peaches Craisins	23	Lunch Entree Papa Johns Cheese Pizza Vegetables Sliced Carrots Broccoli Fruit Red Apple	24
Lunch Entree WG Battered Corn Dog Vegetables Baby Carrots Wedge Cut Fries Diced Carrots Fruit Diced Peaches Orange Misc. Ranch	27	Lunch Entree Beef Taco Vegetables Sautéed Peppers & Onions Pinto Beans Fruit Blueberries Banana Grains Mexican Rice	28	Lunch Entree Grilled Chicken Vegetables Green Beans Collard Greens Fruit Pineapple Banana Grains Dinner Roll Mac & Cheese	29	Lunch Entree Grilled Cheese Vegetables Sweet Potato Fries Corn Fruit Diced Peaches Craisins	30	Lunch Entree Papa Johns Cheese Pizza Vegetables Diced Carrots Broccoli Fruit Red Apple	31

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.