

March 2023

Houston Gateway Academy

22-23 Breakfast K-12

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		Breakfast Entree	Breakfast Entree	Breakfast Entree
		Mini Cinnamon French Toast	Turkey Sausage Biscuit Sandwich	Blueberry Muffin Top
		Fruit Orange Apple Juice	Fruit Grapes Apple Juice	Fruit Diced Peaches Apple Juice
06	07	0	8 09	
Breakfast Entree	Breakfast Entree	Breakfast Entree	Breakfast Entree	Breakfast Entree
Apple Frudel	Chicken, Beef & Cheese Kolache	Maple Waffle	Biscuit & Jelly	Mini Cinnamon Rolls
Fruit	Fruit	Fruit	Fruit	Fruit
Craisins	Apple Juice	Orange	Grapes	Diced Peaches
Apple Juice	Banana	Apple Juice	Apple Juice	Apple Juice
20	21	2	2 23	
20 Breakfast Entree	21 Breakfast Entree	2 Breakfast Entree	2 23 Breakfast Entree	Breakfast Entree
Breakfast Entree	Breakfast Entree		Breakfast Entree	Breakfast Entree
Breakfast Entree Cinnamon Toast Crunch Soft Filled Bar		Breakfast Entree		
Breakfast Entree Cinnamon Toast Crunch Soft Filled Bar Fruit	Breakfast Entree Biscuit & Jelly	Breakfast Entree Mini Cinnamon Waffles	Breakfast Entree Egg & Cheese Breakfast Taco	Breakfast Entree Yogurt & Granola
Breakfast Entree Cinnamon Toast Crunch Soft Filled Bar Fruit Craisins	Breakfast Entree Biscuit & Jelly Fruit	Breakfast Entree Mini Cinnamon Waffles Fruit	Breakfast Entree Egg & Cheese Breakfast Taco Fruit	Breakfast Entree Yogurt & Granola Fruit
Breakfast Entree Cinnamon Toast Crunch Soft Filled Bar Fruit Craisins Apple Juice	Breakfast Entree Biscuit & Jelly Fruit Apple Juice Banana	Breakfast Entree Mini Cinnamon Waffles Fruit Orange Apple Juice	Breakfast Entree Egg & Cheese Breakfast Taco Fruit Grapes Apple Juice	Breakfast Entree Yogurt & Granola Fruit Diced Peaches Apple Juice
Breakfast Entree Cinnamon Toast Crunch Soft Filled Bar Fruit Craisins Apple Juice 27	Breakfast Entree Biscuit & Jelly Fruit Apple Juice Banana 28	Breakfast Entree Mini Cinnamon Waffles Fruit Orange Apple Juice 2	Breakfast Entree Egg & Cheese Breakfast Taco Fruit Grapes Apple Juice 9 30	Breakfast Entree Yogurt & Granola Fruit Diced Peaches Apple Juice
Breakfast Entree Cinnamon Toast Crunch Soft Filled Bar Fruit Craisins Apple Juice Breakfast Entree	Breakfast Entree Biscuit & Jelly Fruit Apple Juice Banana 28 Breakfast Entree	Breakfast Entree Mini Cinnamon Waffles Fruit Orange Apple Juice Breakfast Entree	Breakfast Entree Egg & Cheese Breakfast Taco Fruit Grapes Apple Juice 9 Breakfast Entree	Breakfast Entree Yogurt & Granola Fruit Diced Peaches Apple Juice Breakfast Entree
Breakfast Entree Cinnamon Toast Crunch Soft Filled Bar Fruit Craisins Apple Juice 27	Breakfast Entree Biscuit & Jelly Fruit Apple Juice Banana 28	Breakfast Entree Mini Cinnamon Waffles Fruit Orange Apple Juice 2	Breakfast Entree Egg & Cheese Breakfast Taco Fruit Grapes Apple Juice 9 30	Breakfast Entree Yogurt & Granola Fruit Diced Peaches Apple Juice
Breakfast Entree Cinnamon Toast Crunch Soft Filled Bar Fruit Craisins Apple Juice Breakfast Entree Frosted Flakes	Breakfast Entree Biscuit & Jelly Fruit Apple Juice Banana 28 Breakfast Entree Breakfast Turkey Sausage Pizza	Breakfast Entree Mini Cinnamon Waffles Fruit Orange Apple Juice Breakfast Entree Mini Cinnamon French Toast	Breakfast Entree Egg & Cheese Breakfast Taco Fruit Grapes Apple Juice 9 Breakfast Entree Turkey Sausage Biscuit Sandwich	Breakfast Entree Yogurt & Granola Fruit Diced Peaches Apple Juice Breakfast Entree Blueberry Muffin Top

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.