

February 2023

Houston Gateway Academy HGA K-8 Lunch

		01 Entree Grilled Chicken Vegetables Green Beans Collard Greens Fruit Banana Grains Mac & Cheese Dinner Roll	02 Entree Grilled Cheese Vegetables Corn Sweet Potato Fries Fruit Diced Peaches	03 Entree Papa Johns Cheese Pizza Vegetables Diced Carrots Broccoli Fruit Red Apple
06 Entree Cheeseburger Vegetables Corn Baked Beans Fruit Orange	07 Entree Chicken Tenders & BBQ Sauce Vegetables Green Peas Diced Carrots Fruit Pears	08 Entree Oven Fried Chicken Drumstick Vegetables Sliced Carrots Collard Greens Fruit Banana Grains Cheesy Cornbread Muffin	09 Entree Spaghetti & Meatsauce Vegetables Vegetable Blend Broccoli Fruit Craisins	10 Entree Papa Johns Cheese Pizza Vegetables Green Beans Diced Carrots Fruit Red Apple
13 Entree Turkey Hot Dog Vegetables Crinkle Cut Fries Baby Carrots Fruit Orange Misc. Ranch	14 Entree Chicken Fajitas Vegetables Pinto Beans Sautéed Peppers & Onions Fruit Cool Tropics Slush Grains Mexican Rice Milk Valentine's Day Strawberry Milk	15 Entree Chicken Alfredo Vegetables Corn Diced Carrots Fruit Banana	16 Entree Chicken Nuggets Vegetables Mashed Potatoes & Gravy Green Beans Fruit Diced Peaches	17 Entree Papa Johns Cheese Pizza Vegetables Broccoli Carrots Fruit Red Apple
	20 Entree BBQ Chicken Drumstick Vegetables Diced Carrots Baked Beans Fruit Pears Grains Bread	21 Entree Salisbury Steak w/ Gravy Vegetables Corn Sugar Snap Peas Fruit Banana Grains Blended Rice	22 Entree Spaghetti & Meatballs Vegetables Green Peas Fruit Diced Peaches	23 Entree Papa Johns Cheese Pizza Vegetables Carrots Broccoli Fruit Red Apple
27 Entree WG Battered Corn Dog Vegetables Baby Carrots Wedge Cut Fries Fruit Orange Misc. Ranch	28 Entree Beef Taco Vegetables Sautéed Peppers & Onions Pinto Beans Fruit Pears Grains Mexican Rice			

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.