

February 2023

Houston Gateway Academy HGA 9-12 Lunch

		01 Entree Grilled Chicken Vegetables Collard Greens Green Beans Fruit Banana Pineapple Grains Dinner Roll Mac & Cheese	02 Entree Grilled Cheese Vegetables Sweet Potato Fries Corn Fruit Diced Peaches Craisins	03 Entree Papa Johns Cheese Pizza Vegetables Diced Carrots Broccoli Fruit Red Apple
06 Entree Cheeseburger Vegetables Corn Baked Beans Fruit Orange Diced Peaches	07 Entree Chicken Tenders & BBQ Sauce Vegetables Green Peas Diced Carrots Fruit Pears Banana Grains Dinner Roll	08 Entree BBQ Chicken Drumstick Vegetables Sliced Carrots Corn Fruit Banana Pineapple Grains Cheesy Cornbread Muffin Misc. Cheddar Cheese Cubes	09 Entree Spaghetti & Meatsauce Vegetables Broccoli Green Beans Fruit Diced Peaches Craisins	10 Entree Papa Johns Cheese Pizza Vegetables Green Beans Sliced Carrots Fruit Red Apple
13 Entree Turkey Hot Dog Vegetables Crinkle Cut Fries Baby Carrots Fruit Diced Peaches Orange Misc. Ranch	14 Entree Chicken Fajitas Vegetables Pinto Beans Sautéed Peppers & Onions Fruit Banana Cool Tropics Slush Grains Mexican Rice Milk Valentine's Day Strawberry Milk	15 Entree Chicken Alfredo Vegetables Diced Carrots Corn Fruit Banana Pineapple Grains Dinner Roll	16 Entree Chicken Nuggets Vegetables Mashed Potatoes & Gravy Green Beans Fruit Diced Peaches Craisins Grains Dinner Roll	17 Entree Papa Johns Cheese Pizza Vegetables Broccoli Sliced Carrots Fruit Red Apple
20	21 Entree BBQ Chicken Drumstick Vegetables Baked Beans Diced Carrots Fruit Pears Banana Grains Bread Misc. Cheddar Cheese Cubes	22 Entree Salisbury Steak w/ Gravy Vegetables Corn Sugar Snap Peas Fruit Pineapple Banana Grains Blended Rice	23 Entree Spaghetti & Meatballs Vegetables Green Peas Sliced Carrots Fruit Diced Peaches Craisins	24 Entree Papa Johns Cheese Pizza Vegetables Sliced Carrots Broccoli Fruit Red Apple
27 Entree WG Battered Corn Dog Vegetables Baby Carrots Wedge Cut Fries Fruit Diced Peaches Orange Misc. Ranch	28 Entree Beef Taco Vegetables Sautéed Peppers & Onions Pinto Beans Fruit Banana Pears Grains Mexican Rice			

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.