



January 2023

Houston Gateway Academy HGA 9-12 Lunch

<p style="text-align: right;">02</p>	<p style="text-align: right;">03</p>	<p style="text-align: right;">04</p> <p>Entree Grilled Chicken Vegetables Green Beans Collard Greens Fruit Pineapple Banana Grains Dinner Roll Mac & Cheese</p>	<p style="text-align: right;">05</p> <p>Entree Chicken Tenders & Ketchup Vegetables Sweet Potato Fries Corn Fruit Diced Peaches Craisins Grains Dinner Roll</p>	<p style="text-align: right;">06</p> <p>Entree Papa Johns Cheese Pizza Vegetables Broccoli Diced Carrots Fruit Red Apple Orange</p>
<p style="text-align: right;">09</p> <p>Entree Cheeseburger Vegetables Baked Beans Corn Fruit Diced Peaches Orange</p>	<p style="text-align: right;">10</p> <p>Entree Grilled Cheese Vegetables Diced Carrots Green Peas Fruit Banana Pears</p>	<p style="text-align: right;">11</p> <p>Entree BBQ Chicken Drumstick Vegetables Sliced Carrots Corn Fruit Pineapple Banana Grains Cheesy Cornbread Muffin Misc. Cheddar Cheese Cubes</p>	<p style="text-align: right;">12</p> <p>Entree Spaghetti & Meatsauce Vegetables Broccoli Green Beans Fruit Diced Peaches Craisins</p>	<p style="text-align: right;">13</p> <p>Entree Papa Johns Cheese Pizza Vegetables Green Beans Sliced Carrots Fruit Red Apple Cool Tropics Slush</p>
<p style="text-align: right;">16</p>	<p style="text-align: right;">17</p> <p>Entree Chicken Fajitas Vegetables Tomato Diced, 1/4 cup Pinto Beans Salsa Fruit Banana Pears Grains Mexican Rice</p>	<p style="text-align: right;">18</p> <p>Entree Cheesy Chicken Spaghetti Vegetables Corn Diced Carrots Fruit Pineapple Banana Grains Dinner Roll</p>	<p style="text-align: right;">19</p> <p>Entree Chicken Nuggets Vegetables Green Beans Mashed Potatoes & Gravy Fruit Diced Peaches Craisins Grains Dinner Roll</p>	<p style="text-align: right;">20</p> <p>Entree Papa Johns Cheese Pizza Vegetables Broccoli Sliced Carrots Fruit Red Apple Orange</p>
<p style="text-align: right;">23</p> <p>Entree Breaded Chicken Sandwich Vegetables Crinkle Cut Fries Green Beans Fruit Orange Diced Peaches</p>	<p style="text-align: right;">24</p> <p>Entree BBQ Chicken Drumstick Vegetables Baked Beans Diced Carrots Fruit Pears Banana Grains Bread Misc. Cheddar Cheese Cubes</p>	<p style="text-align: right;">25</p> <p>Entree Cheeseburger Vegetables Corn Sugar Snap Peas Fruit Pineapple Banana</p>	<p style="text-align: right;">26</p> <p>Entree Spaghetti & Meatballs Vegetables Green Peas Sliced Carrots Fruit Diced Peaches Craisins</p>	<p style="text-align: right;">27</p> <p>Entree Papa Johns Cheese Pizza Vegetables Sliced Carrots Broccoli Fruit Orange Red Apple</p>
<p style="text-align: right;">30</p> <p>Entree WG Battered Corn Dog Vegetables Sugar Snap Peas Wedge Cut Fries Fruit Diced Peaches Orange</p>	<p style="text-align: right;">31</p> <p>Entree Beef Taco Vegetables Pinto Beans Salsa Fruit Banana Pears Grains Mexican Rice</p>			

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.