



# January 2023

## Houston Gateway Academy Breakfast

	<b>02</b>		<b>03</b>		<b>04</b>		<b>05</b>		<b>06</b>
				<b>Entree</b> Cheerios Cereal <b>Fruit</b> Craisins Applesauce		<b>Entree</b> Turkey Sausage Biscuit Sandwich <b>Fruit</b> Orange Apple Juice		<b>Entree</b> Banana Muffin <b>Fruit</b> Diced Peaches Apple Juice	
<b>Entree</b> Apple Jacks Cereal <b>Fruit</b> Applesauce Craisins	<b>09</b>	<b>Entree</b> Chicken, Beef & Cheese Kolache <b>Fruit</b> Banana Apple Juice	<b>10</b>	<b>Entree</b> Cinnamon Crumble <b>Fruit</b> Craisins Apple Juice	<b>11</b>	<b>Entree</b> Biscuit & Jelly <b>Fruit</b> Orange Apple Juice	<b>12</b>	<b>Entree</b> Mini Cinnamon Rolls <b>Fruit</b> Mixed Fruit Apple Juice	<b>13</b>
	<b>16</b>	<b>Entree</b> Cinnamon Toast Crunch Bar <b>Fruit</b> Craisins Applesauce	<b>17</b>	<b>Entree</b> Breakfast Turkey Sausage Pizza <b>Fruit</b> Banana Apple Juice	<b>18</b>	<b>Entree</b> Mini Confetti Pancakes <b>Fruit</b> Orange Apple Juice	<b>19</b>	<b>Entree</b> Mini Bagels w/ Strawberry Cream Cheese <b>Fruit</b> Diced Peaches Apple Juice	<b>20</b>
<b>Entree</b> Banana Muffin <b>Fruit</b> Red Apple	<b>23</b>	<b>Entree</b> Biscuit & Jelly <b>Fruit</b> Banana Apple Juice	<b>24</b>	<b>Entree</b> Mini Cinnamon Waffles <b>Fruit</b> Craisins Apple Juice	<b>25</b>	<b>Entree</b> Egg & Cheese Biscuit Sandwich <b>Fruit</b> Orange Apple Juice	<b>26</b>	<b>Entree</b> Yogurt & Granola <b>Fruit</b> Mixed Fruit Apple Juice	<b>27</b>
<b>Entree</b> Cinnamon Toast Crunch <b>Fruit</b> Red Apple	<b>30</b>	<b>Entree</b> Breakfast Turkey Sausage Pizza <b>Fruit</b> Banana Apple Juice	<b>31</b>						

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.