

December 2022

Houston Gateway Academy HGA K-8 Lunch

| | | | 04 | |
|----------------------|----------------|------------------------------|---------------------------|-------------------------|
| | | | 01 | 02 |
| | | | Entree | Entree |
| | | | Spaghetti & Meatballs | Papa Johns Cheese Pizza |
| | | | Vegetables | Vegetables |
| | | | Green Peas | Broccoli |
| | | | Fruit | Carrots |
| | | | Diced Peaches | Fruit |
| | | | | Red Apple |
| C | 05 06 | 07 | 08 | 09 |
| Entree | Entree | Entree | Entree | Entree |
| WG Battered Corn Dog | Beef Taco | Grilled Chicken | Chicken Tenders & Ketchup | Papa Johns Cheese Pizza |
| Vegetables | Vegetables | Vegetables | Vegetables | Vegetables |
| Sugar Snap Peas | Pinto Beans | Collard Greens | Sweet Potato Fries | Diced Carrots |
| Wedge Cut Fries | Salsa | Green Beans | Corn | Broccoli |
| Fruit | Fruit | Fruit | Fruit | Fruit |
| Orange | Pears | Banana | Diced Peaches | Red Apple |
| - | Grains | Grains | | |
| | Mexican Rice | Dinner Roll | | |
| | | Mac & Cheese | | |
| 1 | 12 13 | | 15 | 16 |
| Entree | Entree | Entree | Entree | Entree |
| Cheeseburger | Grilled Cheese | Oven Fried Chicken Drumstick | Spaghetti & Meatsauce | Papa Johns Cheese Pizza |
| Vegetables | Vegetables | Vegetables | Vegetables | Vegetables |
| Corn | Green Peas | Sliced Carrots | Vegetable Blend | Green Beans |
| Baked Beans | Diced Carrots | Collard Greens | Broccoli | Diced Carrots |
| Fruit | Fruit | Fruit | Fruit | Fruit |
| Orange | Pears | Banana | Diced Peaches | Cool Tropics Slush |
| Orange | Pears | Grains | Diced Peaches | |
| | | Cheesy Cornbread Muffin | | |
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| | 9 20 | 21 | 22 | 23 |
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All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.