



November 2022

Houston Gateway Academy HGA Preschool Lunch

	01 Entree BBQ Chicken Vegetables Baked Beans Fruit Pears Grains Dinner Roll	02 Entree Salisbury Steak w/ Gravy Vegetables Creamed Corn Fruit Banana Grains Blended Rice	03 Entree Spaghetti & Meatballs Fruit Diced Peaches	04 Entree Papa Johns Cheese Pizza Vegetables Green Beans Fruit Pineapple Tidbits
07 Entree Sloppy Joe Vegetables Wedge Cut Fries Fruit Mixed Fruit	08 Entree Beef Taco Vegetables Pinto Beans Fruit Pears	09 Entree Diced Grilled Chicken Vegetables Green Beans Fruit Banana Grains Mac & Cheese	10 Entree Chicken Nuggets Vegetables Creamed Corn Fruit Diced Peaches	11 Entree Papa Johns Cheese Pizza Vegetables Carrots Fruit Pineapple Tidbits
14 Entree Cheeseburger Vegetables Baked Beans Fruit Mixed Fruit	15 Entree Grilled Cheese Vegetables Green Beans Fruit Pears	16 Entree Breaded Chicken Sandwich Vegetables Carrots Fruit Banana	17 Entree Spaghetti & Meatsauce Vegetables Broccoli Fruit Diced Peaches	18 Entree Papa Johns Cheese Pizza Vegetables Green Beans Fruit Pineapple Tidbits
21	22	23	24	25
28 Entree Breaded Chicken Sandwich Vegetables Crinkle Cut Fries Fruit Mixed Fruit	29 Entree BBQ Chicken Vegetables Baked Beans Fruit Pears Grains Dinner Roll	30 Entree Salisbury Steak w/ Gravy Vegetables Creamed Corn Fruit Banana Grains Blended Rice		

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.