



November 2022

Houston Gateway Academy HGA K-8 Lunch

		01 Entree BBQ Chicken Drumstick Vegetables Baked Beans Diced Carrots Fruit Pears Grains Bread	02 Entree Salisbury Steak w/ Gravy Vegetables Corn Vegetable Blend Fruit Banana Grains Blended Rice	03 Entree Spaghetti & Meatballs Vegetables Green Peas Fruit Diced Peaches	04 Entree Papa Johns Cheese Pizza Vegetables Broccoli Carrots Fruit Red Apple
07 Entree WG Battered Corn Dog Vegetables Wedge Cut Fries Sugar Snap Peas Fruit Orange	08 Entree Beef Taco Vegetables Pinto Beans Salsa Fruit Pears Grains Mexican Rice	09 Entree Grilled Chicken Vegetables Green Beans Collard Greens Fruit Banana Grains Mac & Cheese Dinner Roll	10 Entree Chicken Tenders & Ketchup Vegetables Corn Sweet Potato Fries Fruit Diced Peaches	11 Entree Papa Johns Cheese Pizza Vegetables Diced Carrots Broccoli Fruit Red Apple	
14 Entree Cheeseburger Vegetables Corn Baked Beans Fruit Orange	15 Entree Grilled Cheese Vegetables Green Peas Diced Carrots Fruit Pears	16 Entree Breaded Chicken Sandwich Vegetables Corn Carrots Fruit Banana	17 Entree Spaghetti & Meatsauce Vegetables Broccoli Vegetable Blend Fruit Diced Peaches	18 Entree Papa Johns Cheese Pizza Vegetables Green Beans Diced Carrots Fruit Cool Tropics Slush	
21	22	23	24	25	
28 Entree Breaded Chicken Sandwich Vegetables Green Beans Crinkle Cut Fries Fruit Orange	29 Entree BBQ Chicken Drumstick Vegetables Diced Carrots Baked Beans Fruit Pears Grains Bread	30 Entree Salisbury Steak w/ Gravy Vegetables Corn Vegetable Blend Fruit Banana Grains Blended Rice			

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.