



November 2022

Houston Gateway Academy Breakfast

	01 Entree Biscuit & Jelly Fruit Banana Apple Juice	02 Entree Mini Cinnamon Waffles Fruit Craisins Apple Juice	03 Entree Egg & Cheese Biscuit Sandwich Fruit Orange Apple Juice	04 Entree Yogurt & Granola Fruit Mixed Fruit Apple Juice
07 Entree Cinnamon Toast Crunch Fruit Red Apple	08 Entree Breakfast Turkey Sausage Pizza Fruit Banana Apple Juice	09 Entree Mini Cinnamon French Toast Fruit Craisins Apple Juice	10 Entree Turkey Sausage Biscuit Sandwich Fruit Orange Apple Juice	11 Entree Banana Muffin Fruit Diced Peaches Apple Juice
14 Entree Coffee Cake Fruit Red Apple	15 Entree Chicken, Beef & Cheese Kolache Fruit Banana Apple Juice	16 Entree Buttery Maple Waffle Fruit Craisins Apple Juice	17 Entree Biscuit & Jelly Fruit Orange Apple Juice	18 Entree Mini Cinnamon Rolls Fruit Mixed Fruit Apple Juice
21	22	23	24	25
28 Entree Banana Muffin Fruit Red Apple	29 Entree Biscuit & Jelly Fruit Banana Apple Juice	30 Entree Mini Cinnamon Waffles Fruit Craisins Apple Juice		

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.