



# August 2022

Houston Gateway Academy  
HGA K-8 Lunch

01	02	03	04	05
<b>08</b> <b>Entree</b> Breaded Chicken Sandwich <b>Vegetables</b> Crinkle Cut Fries Dill Pickle Chips <b>Fruit</b> Sliced Oranges	<b>09</b> <b>Entree</b> BBQ Chicken Drumstick <b>Vegetables</b> Baked Beans Potato Salad <b>Fruit</b> Pears <b>Grains</b> Bread	<b>10</b> <b>Entree</b> Salisbury Steak w/ Gravy <b>Vegetables</b> Broccoli & Cheese Corn <b>Fruit</b> Banana <b>Grains</b> Blended Rice	<b>11</b> <b>Entree</b> Spaghetti & Meatballs <b>Vegetables</b> Green Peas <b>Fruit</b> Diced Peaches	<b>12</b> <b>Entree</b> Papa Johns Cheese Pizza <b>Vegetables</b> Green Beans Diced Carrots <b>Fruit</b> Red Apple Slices
<b>15</b> <b>Entree</b> WG Battered Corn Dog <b>Vegetables</b> Wedge Cut Fries Sugar Snap Peas <b>Fruit</b> Sliced Oranges	<b>16</b> <b>Entree</b> Beef & Cheese Taco <b>Vegetables</b> Pinto Beans Salsa <b>Fruit</b> Pears <b>Grains</b> Mexican Rice	<b>17</b> <b>Entree</b> Grilled Chicken <b>Vegetables</b> Green Beans Collard Greens <b>Fruit</b> Banana <b>Grains</b> Mac & Cheese Dinner Roll	<b>18</b> <b>Entree</b> Chicken Tenders <b>Vegetables</b> Sweet Potato Fries Corn <b>Fruit</b> Diced Peaches	<b>19</b> <b>Entree</b> Papa Johns Cheese Pizza <b>Vegetables</b> Garden Salad <b>Fruit</b> Cool Tropics Slush
<b>22</b> <b>Entree</b> Cheeseburger <b>Vegetables</b> Crinkle Cut Fries Dill Pickle Chips <b>Fruit</b> Sliced Oranges	<b>23</b> <b>Entree</b> Chicken Fajitas <b>Vegetables</b> Pinto Beans Salsa <b>Fruit</b> Pears <b>Grains</b> Mexican Rice	<b>24</b> <b>Entree</b> Oven Fried Chicken Drumstick <b>Vegetables</b> Glazed Carrots Collard Greens <b>Fruit</b> Banana <b>Grains</b> Cornbread	<b>25</b> <b>Entree</b> Spaghetti & Meatsauce <b>Vegetables</b> Vegetable Blend Broccoli <b>Fruit</b> Diced Peaches	<b>26</b> <b>Entree</b> Papa Johns Cheese Pizza <b>Vegetables</b> Green Beans Diced Carrots <b>Fruit</b> Red Apple Slices
<b>29</b> <b>Entree</b> Turkey Hot Dog <b>Vegetables</b> Baked Beans Sugar Snap Peas <b>Fruit</b> Sliced Oranges	<b>30</b> <b>Entree</b> BBQ Chicken Tender Sandwich <b>Vegetables</b> Glazed Carrots Green Peas <b>Fruit</b> Pears	<b>31</b> <b>Entree</b> Mozzarella Cheese Stuffed Breadsticks <b>Vegetables</b> Corn Spaghetti Sauce Dip <b>Fruit</b> Banana		

All meals are served with a choice of milk. This institution is an equal opportunity provider.