FEBRUARY BREAKFAST



HOUSTON GATEWAY ACADEMY

Monday	Tuesday	Wednesday	Thursday	Friday
January 31, 2022	February 1, 2022	February 2, 2022	February 3, 2022	February 4, 2022
	MAPLE PANCAKES ^ Diced Pears Apple-Cranberry Juice Choice of Milk	TRIX ^ Maple Breakfast Square ^ Fresh Apple Choice of Milk	EGG & CHEESE ON ENGLISH MUFFIN ^ Fresh Banana Blended Fruit Juice Grape Jelly Choice of Milk	CHERRY BREAKFAST BAR ^ Mozzarella Cheese Stick Fresh Apple Choice of Milk
February 7, 2022	February 8, 2022	February 9, 2022	February 10, 2022	February 11, 2022
CINNAMON TOAST CRUNCH ^ Vanilla Waffle Square Craisins Grape Juice Choice of Milk	TURKEY HAM & CHEESE ON ENGLISH MUFFIN ^ Diced Pears Orange Juice Choice of Milk	DOUBLE CHOCOLATE MINI MUFFIN ^ Mozzarella Cheese Stick Fresh Apple Choice of Milk	STRAWBERRY PANCAKES ^ Diced Peaches Apple-Cranberry Juice Choice of Milk	POWDERED DONUT^ Applesauce Grape Juice Choice of Milk
February 14, 2022	February 15, 2022	February 16, 2022	February 17, 2022	February 18, 2022
FROSTED CORN FLAKES ^ Cherry Breakfast Bar ^ Craisins Orange Juice Choice of Milk	BEEF SAUSAGE SLIDER ^ Diced Peaches Grape Julie Grape Jelly Choice of Milk	RICE CHEX^ Graham Crackers ^ Fresh Apple Choice of Milk	CINNAMON TOAST CRUNCH FILLED BARA Fresh Banan Blended Fruit Juice Choice of Milk	BLUEBERRY MINI MUFFIN ^ Mozzarella Cheese Stick Fresh Apple Choice of Milk
February 21, 2022	February 22, 2022	February 23, 2022	February 24, 2022	February 25, 2022
TRIX ^ Maple Breakfast Square ^ Craisins Blended Fruit Juice Choice of Milk	MAPLE PANCAKES ^ Diced Pears Apple-Cranberry Juice Choice of Milk	BANANA MINI MUFFIN ^ Mozzarella Cheese Stick Fresh Apple Choice of Milk	CHICKEN BISCUIT ^ Fresh Banana Grape Juice Honey Choice of Milk	GOLDEN GRAHAM CEREAL ^ Vanilla Waffle Square ^ Fresh Apple Choice of Milk
February 28, 2022	March 1, 2022	March 2, 2022	March 3, 2022	March 4, 2022
COCOA PUFFS ^ Strawberry Pancake Square ^ Craisins Apple-Cranberry Juice Choice of Milk				

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider

Find your school's menus online at: preferredmealsmenu.com



The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all program and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.nscr.usda.gov/complaint filing cust.html, or at any USDA office, or call (866)632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington D.C. 20250-9410, by fax (202)690-7442 or email program.intake@usda.gov. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339 or (800)845-6136 (Spanish). USDA is an equal opportunity provider and employer.