

# NOVEMBER BREAKFAST



## HOUSTON GATEWAY ACADEMY

Monday	Tuesday	Wednesday	Thursday	Friday
<b>November 1, 2021</b>	<b>November 2, 2021</b>	<b>November 3, 2021</b>	<b>November 4, 2021</b>	<b>November 5, 2021</b>
CINNAMON TOAST CRUNCH ^ Vanilla Waffle Square Craisins Grape Juice Choice of Milk	CHEESY EGG TATER TOT-CHOS Graham Crackers ^ Orange Juice Diced Pears Choice of Milk	DOUBLE CHOCOLATE MINI MUFFIN ^ Mozzarella Cheese Stick Fresh Apple Choice of Milk	PANCAKES ^ Fresh Banana Apple-Cranberry Juice Syrup Choice of Milk	FRUITY CHEERIOS^ Strawberry Pancake Square ^ Fresh Apple Choice of Milk
<b>November 8, 2021</b>	<b>November 9, 2021</b>	<b>November 10, 2021</b>	<b>November 11, 2021</b>	<b>November 12, 2021</b>
FROSTED CORN FLAKES ^ Cherry Breakfast Bar ^ Craisins Orange Juice Choice of Milk	TURKEY HAM & CHEESE ON ENGLISH MUFFIN ^ Diced Peaches Grape Juice Grape Jelly Choice of Milk	TRIX ^ Graham Crackers ^ Fresh Apple Choice of Milk	PILLSBURY GRAPE CRESCENT ^ Fresh Banana Blended Fruit Juice Choice of Milk	BLUEBERRY MINI MUFFIN ^ Mozzarella Cheese Stick Fresh Apple Choice of Milk
<b>November 15, 2021</b>	<b>November 16, 2021</b>	<b>November 17, 2021</b>	<b>November 18, 2021</b>	<b>November 19, 2021</b>
FRUITY CHEERIOS^ Maple Breakfast Square ^ Craisins Blended Fruit Juice Choice of Milk	BEEF SAUSAGE SLIDER ^ Diced Pears Apple-Cranberry Juice Grape Jelly Choice of Milk	BANANA MINI MUFFIN ^ Mozzarella Cheese Stick Fresh Apple Choice of Milk	CHICKEN BISCUIT ^ Fresh Banana Grape Juice Honey Choice of Milk	FROSTED CORN FLAKES ^ Vanilla Waffle Square ^ Fresh Apple Choice of Milk
<b>November 22, 2021</b>	<b>November 23, 2021</b>	<b>November 24, 2021</b>	<b>November 25, 2021</b>	<b>November 26, 2021</b>
NO SCHOOL	NO SCHOOL	NO SCHOOL	THANKSGIVING	NO SCHOOL
<b>November 29, 2021</b>	<b>November 30, 2021</b>	<b>December 1, 2021</b>	<b>December 2, 2021</b>	<b>December 3, 2021</b>
APPLE CINNAMON CHEERIOS ^ Graham Crackers ^ Craisins Orange Juice Choice of Milk	MAPLE PANCAKES ^ Diced Pears Apple-Cranberry Juice Choice of Milk			

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. \*\* MENU SUBJECT TO CHANGE \*\*

^ Denotes item is whole-grain/whole wheat

\*\*\* This institution is an equal opportunity provider.

Find your school's menus online at: [preferredmealsmenu.com](http://preferredmealsmenu.com)



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