



# HOUSTON GATEWAY ACADEMY

## ELITE COLLEGE PREP ACADEMY

### BREAKFAST FEBRUARY 2021

Monday	Tuesday	Wednesday	Thursday	Friday
February 1, 2021	February 2, 2021	February 3, 2021	February 4, 2021	February 5, 2021
RICE KRISPIES ^ Mixed Berry Animal Crackers ^ Craisins Apple-Cranberry Juice Choice of Milk	BEEF SAUSAGE SLIDER ^ Diced Peaches Blended Fruit Juice Grape Jelly Choice of Milk	BANANA MINI MUFFIN ^ String Cheese Fresh Apple Choice of Milk	FRENCH TOAST STICKS ^ Fresh Banana Orange Juice Syrup Choice of Milk	STRAWBERRY YOGURT Granola ^ Fresh Apple Choice of Milk
February 8, 2021	February 9, 2021	February 10, 2021	February 11, 2021	February 12, 2021
APPLE CINNAMON CHEERIOS ^ Graham Crackers ^ Craisins Orange Juice Choice of Milk	WAFFLES ^ Mixed Fruit Cup Apple-Cranberry Juice Syrup Choice of Milk	FROSTED FLAKES ^ Maple Breakfast Square ^ Fresh Apple Choice of Milk	EGG & CHEESE ON ENGLISH MUFFIN ^ Fresh Banana Blended Fruit Juice Grape Jelly Choice of Milk	CHERRY BREAKFAST BAR ^ String Cheese Fresh Apple Choice of Milk
February 15, 2021	February 16, 2021	February 17, 2021	February 18, 2021	February 19, 2021
CINNAMON FLAKES ^ Vanilla Waffle Square Craisins Grape Juice Choice of Milk	*NEW ITEM* CHEESY EGG TATER TOT-CHOS Graham Crackers ^ Diced Pears Choice of Milk	DOUBLE CHOCOLATE MINI MUFFIN ^ String Cheese Fresh Apple Choice of Milk	PANCAKES ^ Fresh Banana Orange Juice Syrup Choice of Milk	TRIX ^ Mixed Berry Animal Crackers ^ Fresh Apple Choice of Milk
February 22, 2021	February 23, 2021	February 24, 2021	February 25, 2021	February 26, 2021
FROSTED FLAKES ^ Apple Bar ^ Craisins Orange Juice Choice of Milk	EGG & CHEESE BAGEL ^ Pineapple Tidbits Grape Juice Grape Jelly Choice of Milk	RICE KRISPIES ^ Graham Crackers ^ Fresh Apple Choice of Milk	*NEW ITEM* CHERRY FRUDEL ^ Fresh Banana Blended Fruit Juice Choice of Milk	BLUEBERRY MUFFIN ^ String Cheese Fresh Apple Choice of Milk

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. \*\* MENU SUBJECT TO CHANGE \*\*

^ Denotes item is whole-grain/whole wheat

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