## HOUSTON GATEWAY ACADEMY K-12

preferredmeals

DECEMBER

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
November 30, 2020	December 1, 2020	December 2, 2020	December 3, 2020	December 4, 2020
	WAFFLES ^ Mixed Fruit Cup Apple-Cranberry Juice Syrup Choice of Milk	FROSTED FLAKES ^ Maple Breakfast Square ^ Fresh Apple Choice of Milk	EGG & CHEESE ON ENGLISH MUFFIN ^ Fresh Banana Blended Fruit Juice Assorted Jelly Choice of Milk	MOZZARELLA CHEESE STICK Cherry Breakfast Bar ^ Fresh Apple Choice of Milk
December 7, 2020	December 8, 2020	December 9, 2020	December 10, 2020	December 11, 2020
CINNAMON FLAKES ^ Vanilla Waffle Square Craisins Grape Juice Choice of Milk	BREAKFAST BURRITO ^ Diced Pears Orange Juice Taco Sauce Choice of Milk	Double Chocolate Mini Muffin ^ Mozzarella Cheese Stick Fresh Apple Choice of Milk	FRENCH TOAST STICKS ^ Fresh Banana Apple-Cranberry Juice Syrup Choice of Milk	FROOT LOOPS^ Vanilla Goldfish Grahams Fresh Apple Choice of Milk
December 14, 2020	December 15, 2020	December 16, 2020	December 17, 2020	December 18, 2020
FROSTED FLAKES ^ Apple Bar ^ Craisins Orange Juice Choice of Milk	TURKEY HAM & CHEESE ON ENGLISH MUFFIN ^ Pineapple Tidbits Grape Juice Assorted Jelly Choice of Milk	RICE KRISPIES ^ Graham Crackers ^ Fresh Apple Choice of Milk	PILLSBURY GRAPE CRESCENT ^ Fresh Banana Blended Fruit Juice Choice of Milk	Blueberry Mini Muffin ^ Mozzarella Cheese Stick Fresh Apple Choice of Milk
December 21, 2020	December 22, 2020	December 23, 2020	December 24, 2020	December 25, 2020
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
December 28, 2020	December 29, 2020	December 30, 2020	December 31, 2020	January 1, 2021
ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **				
^ Denotes item is whole-grain/whole wheat				
*** This institution is an equal opportunity provider.				
Find your school's menus online at: preferredmealsmenu.com				

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