

Preferred Meal Systems  
September 2020



31		1		2		3		4	
FRENCH BREAD	N17110	CRISPY CHICKEN PATTY ^	13029	CHEESY TACO MEAT	13434	CORN DOG ON A STICK ^	23106	CHICKEN DRUMSTICK	N11104
CHEESE PIZZA		Hamburger Bun ^	8149	Wild White Nacho Doritos^	18128	Potato Rounds	428	Breadstick ^	1094
Green Beans	403	Mixed Vegetables	405	Romaine Salad	87360	Fresh Nectarine	7527	Baked Beans	444
Diced Pears	803248	Diced Peaches	803246	Fat Free Ranch Dressing	836	Ketchup	861a	Applesauce Cup	3878
Choice of Milk	@PMILK	Light Mayonnaise	5668	Fresh Banana	7667	Choice of Milk	@PMILK	BBQ Sauce	808
		Choice of Milk	@PMILK	Salsa	875			Choice of Milk	@PMILK
				Choice of Milk	@PMILK				
7		8		9		10		11	
		4-CHEESE PANINI ^	N13092	CHEESY CHIPOTLE CHICKEN W/SPANISH RICE^	13811	PANCAKES & SAUSAGE ^	N117	CHICKEN NUGGETS ^	13028
		Green Beans	403	Tortilla Chips ^	3548	Potato Rounds	428	Fiesta Beans	n13340
		Applesauce	3878	Romaine Salad	87360	Fresh Plum	7336	Diced Pears	803248
		Choice of Milk	@PMILK	Light Italian Dressing	835	Syrup	6131	Ketchup	861a
				Fresh Banana	7667	Ketchup	861a	Choice of Milk	@PMILK
				Choice of Milk	@PMILK	Choice of Milk	@PMILK		
14		15		16		17		18	
BEAN & CHEESE BURRITO ^	N13199	MEATBALL SUB	N121	GENERAL TSO'S CHICKEN & NOODLES ^	23124	CHICKEN STRIPS W/MAC & CHEESE^	23986	BBQ CHICKEN	N13238
Corn	400	Hot Dog Bun ^	7823	Romaine Salad	87360	Baked Beans	444	Hamburger Bun ^	8149
Mixed Fruit	803252	Potato Wedges	417	Light Ranch Dressing	964	Sliced Apples	7836	Diced Carrots	414
Choice of Milk	@PMILK	Mixed Fruit	803252	Fresh Banana	7667	Honey	845	Pineapple Tidbits	803250
		Ketchup	861A	Choice of Milk	@PMILK	Choice of Milk	@PMILK	Choice of Milk	@PMILK
		Choice of Milk	@PMILK						
21		22		23		24		25	
PIZZA DIPPERS ^	N13150	SPAGHETTI & MEATBALLS ^	N13211	BBQ CHICKEN TATER TOT-CHOS	N13271	TERIYAKI CHICKEN PATTY	13219	BBQ PULLED PORK	N183
Marinara Dipping Sauce	1153	Broccoli	406	Tortilla Chips ^	3548	Hamburger Bun ^	8149	Hamburger Bun ^	8149
Green Beans	403	Diced Pears	803248	Fresh Banana	7667	Mixed Vegetables	405	Fiesta Beans	n13340
Applesauce	3878	Choice of Milk	@PMILK	Choice of Milk	@PMILK	Fresh Plum	7336	Diced Peaches	803246
Choice of Milk	@PMILK					Choice of Milk	@PMILK	Choice of Milk	@PMILK
28		29		30		1		2	
CHIK'N NUGGETS W/POTATO WEDGES	N110341	MEATLOAF W/TOMATO SAUCE	N13205	CHEESY BUFFALO CHICKEN ROTINI ^	23122	HOT DOG	12370	NASHVILLE (HOT) POPCORN CHICKEN^	13848
Breadstick ^	1094	Sliced Bread ^	@wgwheat	Broccoli	406	Hot Dog Bun ^	7823	French Fries	425
Pineapple Tidbits	803250	Green Beans	403	Mixed Fruit	803252	Baked Beans	444	Fresh Banana	7667
BBQ Sauce	808	Mixed Fruit Cup	803252	Choice of Milk	@PMILK	Sliced Apples	7836	Ketchup	861A
Ketchup	861a	Choice of Milk	@PMILK			Ketchup	861A	Choice of Milk	@PMILK
Choice of Milk	@PMILK					Choice of Milk	@PMILK		



31		1		2		3		4	
FRENCH BREAD	N17110	CRISPY CHICKEN PATTY ^	13029	CHEESY TACO MEAT	13434	CORN DOG ON A STICK ^	23106	CHICKEN DRUMSTICK	N11104
CHEESE PIZZA		Hamburger Bun ^	8149	Wild White Nacho Doritos^	18128	Golden Potato Rounds	1041	Cornbread ^	61626
Green Beans	403	California Blend Veggies	N1036	Jalapenos	7376	Fresh Nectarine	@nectarine	Baked Beans	444
Diced Pears	803248	Diced Peaches	803246	Romaine Salad	87360	Mustard	860A	Fresh Baby Carrots	7087
Choice of Milk	@PMILK	Chipotle Ranch	1824	Light French Dressing	871	Ketchup	861a	Light Ranch Dressing	964
		Choice of Milk	@PMILK	Fresh Banana	7667	Choice of Milk	@PMILK	Applesauce Cup	3878
				Salsa	875			BBQ Sauce	808
				Choice of Milk	@PMILK			Choice of Milk	@PMILK
7		8		9		10		11	
		4-CHEESE PANINI ^	N13092	CHEESY CHIPOTLE CHICKEN W/SPANISH RICE^	13811	PANCAKES & SAUSAGE ^	N117	CHICKEN NUGGETS ^	13028
		Sun Splash Veggie Juice	19916	Tortilla Chips ^	3548	Golden Potato Rounds	1041	Fiesta Beans	n13340
		Green Beans	403	Romaine Salad	87360	Fresh Plum	7336	Fresh Baby Carrots	7087
		Applesauce	3878	Light Italian Dressing	835	Syrup	6131	Light Ranch Dressing	964
		Choice of Milk	@PMILK	Fresh Banana	7667	Ketchup	861a	Diced Pears	803248
				Choice of Milk	@PMILK	Choice of Milk	@PMILK	Honey Mustard	19157
								Choice of Milk	@PMILK
14		15		16		17		18	
BEAN & CHEESE BURRITO ^	N13199	MEATBALL SUB	N121	GENERAL TSO'S CHICKEN & NOODLES ^	23124	CHICKEN STRIPS W/MAC & CHEESE^	23986	BBQ CHICKEN	N13238
Salsa Cup	N11494	Hot Dog Bun ^	7823	Romaine Salad	87360	Baked Beans	444	Hamburger Bun ^	8149
Corn	400	Potato Wedges	417	Fresh Baby Carrots	7087	Crunchy Celery Sticks	87510	Diced Carrots	414
Mixed Fruit	803252	Orange Juice	6585	Light Ranch Dressing	964	Light Ranch Dressing	964	Pineapple Tidbits	803250
Choice of Milk	@PMILK	Ketchup	861A	Fresh Banana	7667	Sliced Apples	7836	Choice of Milk	@PMILK
		Choice of Milk	@PMILK	Choice of Milk	@PMILK	Honey	845		
						Choice of Milk	@PMILK		
21		22		23		24		25	
PIZZA DIPPERS ^	N13150	SPAGHETTI & MEATBALLS ^	N13211	BBQ CHICKEN TATER TOT-CHOS	N13271	TERIYAKI CHICKEN PATTY	13219	BBQ PULLED PORK	N183
Marinara Dipping Sauce	1153	Broccoli	406	Tortilla Chips ^	3548	Hamburger Bun ^	8149	Hamburger Bun ^	8149
Green Beans	403	Diced Pears	803248	Fresh Baby Carrots	7087	Mixed Vegetables	1097	Fiesta Beans	n13340
Applesauce	3878	Choice of Milk	@PMILK	Light Ranch Dressing	964	Fresh Plum	7336	Cucumber Coins	87066
Choice of Milk	@PMILK			Fresh Banana	7667	Choice of Milk	@PMILK	Light Ranch Dressing	964
				Choice of Milk	@PMILK			Diced Peaches	803246
								Choice of Milk	@PMILK
28		29		30		1		2	
CHIK'N NUGGETS W/POTATO WEDGES	N110341	MEATLOAF W/TOMATO SAUCE	N13205	CHEESY BUFFALO CHICKEN ROTINI ^	23122	HOT DOG	12370	NASHVILLE (HOT) POPCORN CHICKEN^	13848
Cornbread ^	61626	Hamburger Bun ^	8149	Mixed Vegetables	405	Hot Dog Bun ^	7823	Sliced Bread ^	@wgwheat
Diced Carrots	414	Green Beans	403	Fresh Broccoli	@87621	Baked Beans	444	Pickle Chips	3556
Pineapple Tidbits	803250	Mixed Fruit Cup	803252	Light Ranch Dressing	964	Fresh Baby Carrots	7087	French Fries	425
BBQ Sauce	808	Choice of Milk	@PMILK	Orange Juice	6585	Light Ranch Dressing	964	Fresh Banana	7667
Ketchup	861a			Choice of Milk	@PMILK	Sliced Apples	7836	Ketchup	861A
Choice of Milk	@PMILK					Mustard	860A	Choice of Milk	@PMILK
						Ketchup	861A		
						Choice of Milk	@PMILK		



31		1		2		3		4	
FRENCH BREAD	N17110	CRISPY CHICKEN PATTY ^	13029	CHEESY TACO MEAT	13434	CORN DOG ON A STICK ^	23106	CHICKEN DRUMSTICK	N11104
CHEESE PIZZA		Hamburger Bun ^	8149	Wild White Nacho Doritos^	18128	Potato Rounds	428	Cornbread ^	61626
Mixed Vegetables	1097	Broccoli	406	Jalapenos	7376	Green Beans	403	Baked Beans	444
Diced Pears	803248	Corn	400	Romaine Salad	87360	Fresh Apple	7727	Diced Carrots	414
Grape Juice	539	Diced Peaches	803246	Fresh Baby Carrots	7087	Mustard	860A	Applesauce Cup	3878
Choice of Milk	@PMILK	Blended Fruit Juice	542	Light Ranch Dressing	964	Ketchup	861a	Orange Juice	6585
		Chipotle Ranch	1824	Fresh Banana	7667	Choice of Milk	@PMILK	BBQ Sauce	808
		Choice of Milk	@PMILK	Craisins	19526			Choice of Milk	@PMILK
				Salsa	875				
				Chocolate Cookie ^	9117				
				Choice of Milk	@PMILK				
7		8		9		10		11	
		4-CHEESE PANINI ^	N13092	CHEESY CHIPOTLE CHICKEN W/SPANISH RICE^	13811	PANCAKES & SAUSAGE ^	N117	CHICKEN NUGGETS ^	13028
		Corn	400	Tortilla Chips ^	3548	Potato Rounds	428	Fiesta Beans	n13340
		Green Beans	403	Romaine Salad	87360	Sun Splash Veggie Juice	19916	Diced Carrots	414
		Applesauce	3878	Light Italian Dressing	835	Fresh Apple	7727	Diced Pears	803248
		Orange Juice	6585	Fresh Banana	7667	Syrup	6131	Blended Fruit Juice	542
		Choice of Milk	@PMILK	Mixed Fruit	803252	Ketchup	861a	Honey Mustard	19157
				Choice of Milk	@PMILK	Choice of Milk	@PMILK	Vanilla Cookie ^	9116
								Choice of Milk	@PMILK
14		15		16		17		18	
BEAN & CHEESE BURRITO ^	N13199	MEATBALL SUB	N121	GENERAL TSO'S CHICKEN & NOODLES ^	23124	CHICKEN STRIPS W/MAC & CHEESE^	23986	BBQ CHICKEN	N13238
Salsa Cup	N11494	Hot Dog Bun ^	7823	Broccoli	406	Cornbread ^	61626	Hamburger Bun ^	8149
Corn	1069	Potato Wedges	417	Romaine Salad	87360	Baked Beans	444	Country Blend Vegetables	13681
Mixed Fruit	803252	Orange Juice	6585	Light Ranch Dressing	964	Diced Carrots	414	Pineapple Tidbits	803250
Blended Fruit Juice	542	Diced Pears	803248	Fresh Banana	7667	Fresh Apple	7727	Apple-Cranberry Juice	552
Choice of Milk	@PMILK	Ketchup	861A	Grape Juice	539	Honey	845	Choice of Milk	@PMILK
		Cheddar Sun Chips ^	3424	Chocolate Cookie ^	9117	Choice of Milk	@PMILK		
		Choice of Milk	@PMILK	Choice of Milk	@PMILK				
21		22		23		24		25	
PIZZA DIPPERS ^	N13150	SPAGHETTI & MEATBALLS ^	N13211	BBQ CHICKEN TATER TOT-CHOS	N13271	TERIYAKI CHICKEN PATTY	13219	BBQ PULLED PORK	N183
Marinara Dipping Sauce	1153	Breadstick ^	1094	Tortilla Chips ^	3548	Hamburger Bun ^	8149	Hamburger Bun ^	8149
Green Beans	403	Broccoli	406	Fresh Baby Carrots	7087	Diced Carrots	414	Fiesta Beans	n13340
Applesauce	3878	Diced Pears	803248	Light Ranch Dressing	964	Corn	400	Mixed Vegetables	405
Grape Juice	539	Orange Juice	6585	Fresh Banana	7667	Fresh Apple	7727	Diced Peaches	803246
Choice of Milk	@PMILK	Choice of Milk	@PMILK	Craisins	19526	Choice of Milk	@PMILK	Blended Fruit Juice	542
				Snickerdoodle Cookie ^	9118			Mini Pretzels	8827
				Choice of Milk	@PMILK			Choice of Milk	@PMILK



28		29		30		1		2	
CHIK'N NUGGETS	N110341	MEATLOAF W/TOMATO SAUCE	N13205	CHEESY BUFFALO	23122	HOT DOG	12370	NASHVILLE (HOT)	13848
W/POTATO WEDGES				CHICKEN ROTINI ^				POPCORN CHICKEN^	
Cornbread ^	61626	Hamburger Bun ^	8149	Breadstick ^	1094	Hot Dog Bun ^	7823	Sliced Bread ^ (2)	@wgwheat
Diced Carrots	414	Country Blend Vegetables	13681	Mixed Vegetables	405	Baked Beans	444	Pickle Chips	3556
Pineapple Tidbits	803250	Mixed Fruit Cup	803252	Fresh Broccoli	@87621	Green Beans	403	French Fries	425
Apple-Cranberry Juice	552	Grape Juice	539	Light Ranch Dressing	964	Fresh Apple	7727	Fresh Baby Carrots	7087
BBQ Sauce	808	Choice of Milk	@PMILK	Orange Juice	6585	Mustard	860A	Light Ranch Dressing	964
Ketchup	861a			Diced Peaches	803246	Ketchup	861A	Fresh Banana	7667
Choice of Milk	@PMILK			Choice of Milk	@PMILK	Vanilla Cookie ^	9116	Blended Fruit Juice	542
						Choice of Milk	@PMILK	Ketchup	861a
								Choice of Milk	@PMILK