

September 2020
Houston Gateway Academy, Inc.
BRKFST K-12



Meal Type : BR - BR-Breakfast K-12

Monday	Tuesday	Wednesday	Thursday	Friday
	1 TURKEY HAM & CHEESE ON ENGLISH MUFFIN ^ Pineapple Tidbits Grape Juice Assorted Jelly Choice of Milk	2 RICE KRISPIES ^ Graham Crackers ^ Fresh Apple Choice of Milk	3 PILLSBURY GRAPE CRESCENT ^ Fresh Banana Blended Fruit Juice Choice of Milk	4 Blueberry Mini Muffin ^ Mozzarella Cheese Stick Fresh Apple Choice of Milk
7 FROOT LOOPS^ Maple Breakfast Square ^ Craisins Blended Fruit Juice Choice of Milk	8 CHEESY TEX MEX EGG SCRAMBLE Applesauce Cup Orange Juice Cornbread ^ Choice of Milk	9 MOZZARELLA CHEESE STICK Cherry Breakfast Bar ^ Fresh Apple Choice of Milk	10 CHICKEN BISCUIT ^ Fresh Banana Grape Juice Honey Choice of Milk	11 FROSTED FLAKES ^ Vanilla Waffle Square ^ Fresh Apple Choice of Milk
14 RICE KRISPIES ^ Vanilla Goldfish Grahams Craisins Apple-Cranberry Juice Choice of Milk	15 BEEF SAUSAGE SLIDER ^ Diced Peaches Blended Fruit Juice Assorted Jelly Choice of Milk	16 Banana Mini Muffin ^ Mozzarella Cheese Stick Fresh Apple Choice of Milk	17 PANCAKES ^ Fresh Banana Orange Juice Fresh Apple Syrup Choice of Milk	18 Strawberry Yogurt Granola ^ Fresh Apple Choice of Milk
21 APPLE JACKS ^ Graham Crackers ^ Craisins Orange Juice Choice of Milk	22 WAFFLES ^ Mixed Fruit Cup Apple-Cranberry Juice Syrup Choice of Milk	23 FROSTED FLAKES ^ Maple Breakfast Square ^ Fresh Apple Choice of Milk	24 EGG & CHEESE ON ENGLISH MUFFIN ^ Fresh Banana Blended Fruit Juice Assorted Jelly Choice of Milk	25 MOZZARELLA CHEESE STICK Cherry Breakfast Bar ^ Fresh Apple Choice of Milk
28 CINNAMON FLAKES ^ Vanilla Waffle Square Craisins Grape Juice Choice of Milk	29 BREAKFAST BURRITO ^ Diced Pears Orange Juice Taco Sauce Choice of Milk	30 Double Chocolate Mini Muffin ^ Mozzarella Cheese Stick Fresh Apple Choice of Milk		