

NOVEMBER LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 • Chicken Bites ○ Seasoned Green Beans	2 • Firecracker Chicken W/ Sesame Noodles ○ Pinto Beans ○ Baby Carrots
5 • Baked Mac & Cheese W/ Chicken Bites ○ Steamed Corn	6 • Hot Dog (DF) ○ Orangy Carrots	7 • Cheese Pizza (VG) ○ Coleslaw	8 • New !! Steak Fajita Bowl W/ Beans & Corn ○ Broccoli	9 • Green Chili & Cheese Tamale (VG) ○ Grape Tomatoes
12 • Crispy Chicken Sandwich(df) ○ Chili Citrus Corn	13 • Classic Chicken Parm Pasta ○ Island Glazed Carrots	14 • Cheesy Pizza Bites ○ Broccoli & Carrot Salad	15 • HOLIDAY MEAL Roasted Turkey & Stuffing (DF) ○ Seasoned Green Beans	16 • Mongolian Beef ○ Seasoned Black Beans ○ Baby Carrots
19 • Baked Mac & Cheese W/ Broccoli	20 • Pepper Jack Cheeseburger ○ Steamed Corn	21 • Holiday	HAPPY THANKSGIVING! 22 • Holiday	23 • Holiday
26 • Crispy Chicken Sandwich (DF) ○ Steamed Carrtos	27 • Chicken Alfredo ○ Seasoned Green Beans	28 • Cheesy Pizza Bite (VG) ○ Chili Citrus Corn	29 • Hot Dog (DF) ○ Broccoli W/ Ranch	30 • Buffalo Chicken Crunchadilla ○ Pinto Beans ○ Baby Carrots

DID YOU KNOW?

Nearly 95% of Americans eat turkey on Thanksgiving. Turkey has more protein, ounce per ounce, than chicken or beef!



Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

○ **Vegetable** of the day